

# JANUARY LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	7	8	9
Cheeseburger w/ Oven Baked Fries Soy Veggie Burger w/ Potato Wedges Wowbutter & Jelly Sandwich w/ Tajin Corn	Chicken Tamale w/ Seasoned Mixed Veg Mac & Cheese w/ Mixed Vegetables Turkey & Cheese Sub Sandwich w/ Baby Carrots	Penne & Meat Sauce Orange Chicken & Not So Fried Rice w/ Peas & Giant Goldfish Grahams Cheese Pizza Kit	Turkey Nachos w/ Refried Beans & Tortilla Chips Bean & Cheese Burrito w/ Roasted Fava Beans Veggie Chef Salad w/ Egg, Dinner Roll & Ranch	Cheese Pizza Pepperoni Pizza 'P'B&J Sandwich Kit (Seedbutter) w/ String Cheese
12	13	14	15	16
Hot Dog w/ Oven Baked Fries Beef Elote Loaded Potatoes w/ Dinner Roll Mantecada Muffin w/ Yogurt & String Cheese & Tajin Corn	Bean & Cheese Pupusa w/ Curtido Salad Chicken Alfredo Pasta w/ Seasoned Peas Italian Turkey Trio on Hoagie w/ Baby Carrots	Chicken Teriyaki w/ Not So Fried Rice & Diced Carrot Parm Pizza Bites w/ Marinara Dipping Sauce Chicken Caesar Salad with Dinner Roll & Croutons	Cheese Tamale w/ Black Beans Beef & Cheese Taco Stick w/ Roasted Fava Beans Chicken Salad & Cheese Cracker Kit w/ Roasted Fava Beans	Cheese Pizza Pepperoni Pizza Turkey & Cheese Sub Sandwich
19	20	21	22	23
	Parm Pizza Bites w/ Marinara Dipping Sauce Chicken Dumplings & Not So Fried Rice w/ Edamame & Peas Mantecada Muffin w/ Yogurt & String Cheese & Baby Carrots	BBQ Chicken w/ Baked Beans & Dinner Roll Bean & Cheese Burrito w/ Roasted Fava Beans Veggie Chef Salad w/ Egg, Dinner Roll & Ranch	Cheese Lasagna w/ Marinara Grilled Cheese Sandwich w/ Baby Carrots Asian Chicken Salad w/ WG Crispy Noodles	Cheese Pizza Pepperoni Pizza Turkey & Cheese Sub Sandwich
26	27	28	29	30
Cheeseburger w/ Oven Baked Fries Soy Veggie Burger w/ Potato Wedges Wowbutter & Jelly Sandwich w/ Tajin Corn	Chicken Tamale w/ Seasoned Mixed Veg Mac & Cheese w/ Mixed Vegetables Turkey & Cheese Sub Sandwich w/ Baby Carrots	Penne & Meat Sauce Orange Chicken & Not So Fried Rice w/ Peas & Giant Goldfish Grahams Cheese Pizza Kit	Turkey Nachos w/ Refried Beans & Tortilla Chips Bean & Cheese Burrito w/ Roasted Fava Beans Veggie Chef Salad w/ Egg, Dinner Roll & Ranch	Cheese Pizza Pepperoni Pizza 'P'B&J Sandwich Kit (Seedbutter) w/ String Cheese
<b>Lunch Includes:</b>	<b>Veg of the Day:</b>	<b>Featured Fruit:</b>	<b>RevUp Rewards:</b>	
Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Monday:Baby Carrots (1/4 C) Tuesday:Baby Carrots (1/4 C) Wednesday:Baby Carrots (1/2 C),Cucumber Slices (1/4 C) w/ Tajin Thursday:Celery Sticks (1/4 C),Baby Carrots (1/2 C) Friday:Side Salad - Lettuce, Carrot, Tomato w/Ranch (0.75 C)	100% Fruit Juice 4 oz,Tangerine (1/2 C),Orange (1/2 C),Apple Slices (1/2 C),Apple (1/2 C),Cranberries (1/2 C)	Scan Our QR Code Daily Complete the Survey <b>You're Entered to Win!</b> Drawings Monthly Learn More and See Prizes: <a href="http://www.revolutionfoods.com/revuprewards">www.revolutionfoods.com/revuprewards</a>	