


JANUARY BREAKFAST



Monday	Tuesday	Wednesday	Thursday	Friday
1 2				
3 4				
5 6 7 8 9				
Vanilla Concha Cheerios Cereal w/ Honey Grahams French Toast Sticks	Bagel w/ Cream Cheese Honey Bunches of Oats Cereal w/ Honey Grahams Maple Beef Sausage & Pancake Sandwich	Cinnamon Roll Cheerios Cereal w/ Honey Grahams Egg & Cheese English Muffin Sandwich	Blueberry Muffin Honey Bunches of Oats Cereal w/ Honey Grahams Mini Maple Pancakes	Strawberry Yogurt Parfait w/ Cinnamon Granola Cinnamon Chex Cereal w/ Honey Grahams Egg & Turkey Sausage Scramble w/ Potato Wedges & Biscuit
12 13 14 15 16				
Cinnamon Crumble Honey Bunches of Oats Cereal w/ Honey Grahams Apple Hand Pie	Mantecada Muffin Cinnamon Chex Cereal w/ Honey Grahams Sausage & Cheese Croissant Sandwich	Conchita w/ String Cheese Cheerios Cereal w/ Honey Grahams Mini Maple Pancakes	Yogurt w/ Honey Grahams Cinnamon Chex Cereal w/ Honey Grahams Sausage & Cheese Stuffed Waffle	Chocolate Chip Muffin Top Honey Bunches of Oats Cereal w/ Honey Grahams Maple Beef Sausage & Pancake Sandwich
19 20 21 22 23				
	Bagel w/ Cream Cheese Honey Bunches of Oats Cereal w/ Honey Grahams Maple Beef Sausage & Pancake Sandwich	Cinnamon Roll Cheerios Cereal w/ Honey Grahams Egg & Cheese English Muffin Sandwich	Blueberry Muffin Honey Bunches of Oats Cereal w/ Honey Grahams Mini Maple Pancakes	Strawberry Yogurt Parfait w/ Cinnamon Granola Cinnamon Chex Cereal w/ Honey Grahams Egg & Turkey Sausage Scramble w/ Potato Wedges & Biscuit
26 27 28 29 30				
Cinnamon Crumble Honey Bunches of Oats Cereal w/ Honey Grahams Apple Hand Pie	Mantecada Muffin Cinnamon Chex Cereal w/ Honey Grahams Sausage & Cheese Croissant Sandwich	Conchita w/ String Cheese Cheerios Cereal w/ Honey Grahams Mini Maple Pancakes	Fruit & Yogurt Smoothie w/ Granola Cinnamon Chex Cereal w/ Honey Grahams Sausage & Cheese Stuffed Waffle	Chocolate Chip Muffin Top Honey Bunches of Oats Cereal w/ Honey Grahams Maple Beef Sausage & Pancake Sandwich
Breakfast Includes:	Featured Fruit:		RevUp Rewards:	
Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich	Apple (1/2 C), Tangerine (1/2 C), 100% Fruit Juice 4 oz, Apple Slices (1/2 C), Orange (1/2 C), Pear (1/2 C), Dried Cranberries (1/2 C), Raisins (1/2 C)		Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	

