



FEBRUARY SNACK



Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Giant Cinnamon Grahams	Pizza Crackers	Goldfish Pretzels	Cheese Puffs	Goldfish Cheddar
9	10	11	12	13
	Ranch Crackers	Educational Snacks	Wheat Crackers	Cheese Puffs
16	17	18	19	20
	Cheese Puffs	Pizza Crackers	Ranch Crackers	Goldfish Pretzels
23	24	25	26	27
Giant Cinnamon Grahams	Pizza Crackers	Goldfish Pretzels	Cheese Puffs	Goldfish Cheddar

Snack Includes:

All snacks meet 1oz eq Whole Grain, 1 oz eq M/MA, 3/4 C Fruit, and/or 3/4 C Vegetable
 Fruit Rotation: Apple (3/4 Cup), Orange (3/4 Cup), 100% Fruit Juice 6 oz, Pear (3/4 Cup)
 *All fruits meet 3/4 cup equivalent
 *All Grains Are Whole Grain Rich

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