

DECEMBER SNACK



Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
Giant Cinnamon Grahams	Roasted Kettle Corn Chickpeas	Goldfish Pretzels	Cheese Puffs	Goldfish Cheddar
8	9	10	11	12
Honey Graham Crackers	Ranch Crackers	Educational Snacks	Giant Cinnamon Grahams	BBQ Poptillas
15	16	17	18	19
Goldfish Cheddar	Cinnamon Granola	Pizza Crackers	Pizza Crackers	Goldfish Pretzels
22	23	24	25	26
No School - Winter Break 	No School - Winter Break 	No School - Winter Break 	No School - Winter Break 	No School - Winter Break 
29	30	31		
No School - Winter Break 	No School - Winter Break 	No School - Winter Break 	No School - Winter Break 	No School - Winter Break 

Snack Includes:

All snacks meet 1oz eq Whole Grain, 1 oz eq M/MA, 3/4 C Fruit, and/or 3/4 C Vegetable
 Fruit Rotation: Apple (3/4 Cup), 100% Fruit Juice 6 oz, Pear (3/4 Cup), Orange (3/4 Cup)
 *All fruits meet 3/4 cup equivalent
 *All Grains Are Whole Grain Rich

RevUp Rewards:

Scan Our QR Code Daily
 Complete the Survey
You're Entered to Win!
 Drawings Monthly
 Learn More and See Prizes:
www.revolutionfoods.com/revuprewards

