

AUGUST SNACK



Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
Cheese Stick	Goldfish Pretzels	Honey Graham Crackers	Ranch Crackers	Educational Snacks
10	11	12	13	14
Pizza Crackers	Giant Cinnamon Grahams	Cheese Puffs	Goldfish Cheddar	Wheat Crackers
17	18	19	20	21
Sunflower Seeds	Churro Poptillas	Chocolate Granola	Nacho Poptillas	Honey Graham Crackers
24	25	26	27	28
Cheese Stick	Goldfish Pretzels	Honey Graham Crackers	Ranch Crackers	Educational Snacks
31				
Pizza Crackers				

Snack Includes:

All snacks meet 1oz eq Whole Grain, 1 oz eq M/MA, 3/4 C Fruit, and/or 3/4 C Vegetable
 Fruit Rotation: Apple (3/4 Cup), Pear (3/4 Cup), 100% Fruit Juice 6 oz
 *All fruits meet 3/4 cup equivalent
 *All Grains Are Whole Grain Rich

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