Richwoods R-7 K-8 Lunch

Monday

Tuesdav

Wednesday

Friday

Sep 1

NO SCHOOL TODAY

Sep 2

BUFFALO CHICKEN DIP W/CHIPS 100% JUICE DRAGON PUNC Н

CUCUMBER & TOMATO SAL AD

W/ RANCH DRESSING **DOLE MIXED BERRIES** CHOICE OF MILK MILK- CHOCOLATE 1%

Sep 3

SPAGHETTI/ MEAT SAUCE 6" BOSCO BREADSTICK **CORN NIBLETS** TOSSED SALAD MANDARIN ORANGES CHOICE OF MILK MILK- CHOCOLATE 1%

Sep 4

SEASONED GRILLED **CHICKEN FILLET** MACARONI AND CHEESE SEASONED CARROTS BABY POTATO BAKER 1/2'S SLICED APPLE'S IN A BAG CANDY COOKIE WG CHOICE OF MILK MILK- CHOCOLATE 1%

Thursday

Sep 5

BREADED FISH STICKS COLE SLAW SEASONED CRISPY **CRINKLE FRIES** FRUIT COCKTAIL CHOICE OF MILK MILK- CHOCOLATE 1%

Sep 8

CHEESEBURGER ON A BUN POTATO ROUNDABOUTS **GRAPE TOMATOES** FRESH ORANGE CHOICE OF MILK MILK- CHOCOLATE 1%

Sep 9

CHICKEN GORDITA LETTUCE, TOM., &CHS. CUP **MEXICAN BEANS** PINEAPPLE CHUNKS CHOICE OF MILK MILK- CHOCOLATE 1%

Sep 10

TURKEY HOT DOG W.G. HOTDOG BUN **BROCCOLI SALAD BBQ SIDEWINDER FRIES STRAWBERRIES** CHOICE OF MILK MILK- CHOCOLATE 1%

Sep 11

TYSON POPCORN CHICKEN MASHED POTATOES PEPPER GRAVY SEASONED CARROTS CANNED SLICED PEACHES CHOICE OF MILK MILK- CHOCOLATE 1%

Sep 12

HAM AND AMERICAN CHEE SF **DELI ON HAMBURGER BUN** SMILEY POTATOES

CATALINA BLEND VEGGIES STRAWBERRY/POM. FROZEN FRUIT CUP CHOICE OF MILK MILK- CHOCOLATE 1%

Sep 15

BEEF RAVIOLI 6" BOSCO BREADSTICK **CELERY STICKS** TOSSED SALAD MANDARIN ORANGES DBL CHOC. COOKIE WG CHOICE OF MILK MILK- CHOCOLATE 1%

Sep 16

MUCHO NACHOS **MEXICAN BEANS** ROMAINE LETTUCE **GRAPE TOMATOES** MARION BLACKBERRIES CHOICE OF MILK MILK- CHOCOLATE 1%

Sep 17

CHICKEN PATTY ON BUN **GREEN BEANS &** CHEESE SAUCE BABY POTATO BAKER 1/2'S MIXED BERRY LEMON FROZEN FRUIT CUP CHOICE OF MILK MILK- CHOCOLATE 1%

Sep 18

SALISBURY STEAK N GRAV 2.2oz WG ROLL MASHED POTATOES SEASONED CARROTS

STRAWBERRIES CHOICE OF MILK MILK- CHOCOLATE 1%

Sep 19

PEPPERONI 4X6 PIZZA CORN NIBI FTS WANGO MANGO VEG & FRUIT JUICE BLEND **BLUEBERRY PEARLS** CHOICE OF MILK MILK- CHOCOLATE 1%

Sep 22

CHICKEN TENDERLOIN **AU GRATIN POTATOES BROCCOLI W/CHEESE** SLICED APPLE'S IN A BAG CHOICE OF MILK MILK- CHOCOLATE 1%

Sep 23

PULLED PORK FRITOS ROMAINE LETTUCE **BLACK OLIVES** MICHIGAN FRUIT MIX CHOICE OF MILK MILK- CHOCOLATE 1%

Sep 24

PIG IN A BLANKET **BBQ SIDEWINDER FRIES** CATALINA BLEND VEGGIES PEARS SLICED CHOICE OF MILK MILK- CHOCOLATE 1%

Sep 25

BBQ CHICKEN DRUMSTICK MACARONI AND CHEESE SAVORY GREEN BEANS WANGO MANGO VEG & FRUIT JUICE BLEND ORANGE/PINE/CHERRY SWIRL FROZEN FRUIT CUP MINI RICE KRISPY TREAT CHOICE OF MILK MILK- CHOCOLATE 1%

Sep 26

NO SCHOOL TODAY

Sep 29

MANDARIN ORANGE CHICKEN CHICKEN FRIED RICE **CELERY STICKS BABY CARROTS** FRUIT COCKTAIL LUIGI ORANGE SHERBET CHOICE OF MILK MILK- CHOCOLATE 1%

Sep 30

TACO-IN-A-BAG NACHO CHEESE CHIPS **BEEF TACO MEAT MEXICAN BEANS** LETTUCE, TOM., &CHS. CUP FRESH ORANGE CHOICE OF MILK MILK- CHOCOLATE 1%

FREE MEALS TO ALL STUDENTS AT RICHWOODS PK-8

MENU IS SUBJECT TO CHANGE

This institution is an equal opportunity provider.

Aug 5, 2025