



Richwoods R-7

PK-8 Lunch



Monday

Tuesday

Wednesday

Thursday

Friday

Oct 1

CHICKEN TENDERLOIN
AU GRATIN POTATOES
BROCCOLI W/CHEESE
SLICED APPLE'S IN A BAG
CHOICE OF MILK
MILK- CHOCOLATE 1%

Oct 2

CHEESY MAC BITES
TOSSED SALAD
GRAPE TOMATOES
SLICED APPLE'S IN A BAG
CHOICE OF MILK
MILK- CHOCOLATE 1%

Oct 5

BBQ BURGER
ON A BUN
SEASONED CRINKLE FRIES
SEASONED CARROTS
WILD CHERRY
FROZEN FRUIT CUP
CHOICE OF MILK
MILK- CHOCOLATE 1%

Oct 6

BEEF TACO MEAT
TORTILLA SHELL
LETTUCE, TOM., &CHS. CUP
MEXICAN BEANS
ORANGE/PINE/CHERRY
SWIRL FROZEN FRUIT CUP
CHOICE OF MILK
MILK- CHOCOLATE 1%

Oct 7

TURKEY HOT DOG
W.G. HOTDOG BUN
BROCCOLI SALAD
BBQ SIDEWINDER FRIES
STRAWBERRIES
CHOICE OF MILK
MILK- CHOCOLATE 1%

Oct 8

DICED PARMESAN
GARLIC CHICKEN
MACARONI AND CHEESE
MINI PEPPERS
CHERRY STAR
VEG & FRUIT JUICE BLEND
ORANGE/PINE/CHERRY
SWIRL FROZEN FRUIT CUP
25X BROWNIE WG CUT 6X1
0
CHOICE OF MILK
MILK- CHOCOLATE 1%

Oct 9

PEPPERONI 4X6 PIZZA
TOSSED SALAD
CUCUMBER SLICES
MICHIGAN FRUIT MIX
CHOICE OF MILK
MILK- CHOCOLATE 1%

Oct 12

25A CHICKEN ALFREDO
GARLIC BREADSTICK
100% JUICE DRAGON PUNCH
H
BROCCOLI PARMESAN
MARION BLACKBERRIES
1% WHITE MILK
MILK- CHOCOLATE 1%

Oct 13

BUFFALO CHICKEN DIP
W/CHIPS
100% JUICE DRAGON PUNCH
H
CUCUMBER & TOMATO SALAD
W/ RANCH DRESSING
DOLE MIXED BERRIES
CHOICE OF MILK
MILK- CHOCOLATE 1%

Oct 14

SLOPPY JOE ON BUN
TOSSED SALAD
CUCUMBER SLICES
MANDARIN ORANGES
CHOICE OF MILK
MILK- CHOCOLATE 1%

Oct 15

CHICKEN PATTY
ON BUN
ROSEMARY REDSKIN POTATO
TO
GREEN BEANS &
CHEESE SAUCE
SLICED STRAWBERRIES
CHOICE OF MILK
MILK- CHOCOLATE 1%

Oct 16

NO SCHOOL TODAY

Oct 19

CHEESEY CHICKEN
TORTELLINI
CELERY STICKS
GRAPE TOMATOES
STRAWBERRIES
CHOCOLATE CHIP COOKIE
WG
CHOICE OF MILK
MILK- CHOCOLATE 1%

Oct 20

TACO-IN-A-BAG
NACHO CHEESE CHIPS
BEEF TACO MEAT
MEXICAN BEANS
LETTUCE, TOM., &CHS. CUP
FRESH ORANGE
CHOICE OF MILK
MILK- CHOCOLATE 1%

Oct 21

BBQ RIB PATTY
ON A BUN
BBQ BAKED BEANS
Best baked beans around!
SMILEY POTATOES
CANNED SLICED PEACHES
CHOICE OF MILK
MILK- CHOCOLATE 1%

Oct 22

TYSON POPCORN CHICKEN
MASHED POTATOES
SAVORY GREEN BEANS
SLICED STRAWBERRIES
CHOICE OF MILK
MILK- CHOCOLATE 1%
PEPPER GRAVY

Oct 23

NO SCHOOL TODAY

Oct 26

CHEESEBURGER ON A BUN
POTATO ROUNDABOUTS
GRAPE TOMATOES
FRESH ORANGE
CHOICE OF MILK
MILK- CHOCOLATE 1%

Oct 27

CHICKEN GORDITA
LETTUCE, TOM., &CHS. CUP
MEXICAN BEANS
PINEAPPLE CHUNKS
CHOICE OF MILK
MILK- CHOCOLATE 1%

Oct 28

W.G. CORN DOG
BROCCOLI PARMESAN
SEASONED CRISPY
CRINKLE FRIES
CANNED SLICED PEACHES
CHOICE OF MILK
MILK- CHOCOLATE 1%

Oct 29

SALISBURY STEAK N GRAVY
Y
2.2oz WG ROLL
SEASONED CARROTS
MASHED POTATOES
SLICED STRAWBERRIES
DBL CHOC. COOKIE WG
CHOICE OF MILK
MILK- CHOCOLATE 1%

Oct 30

TURKEY & SWISS CHEESE
DELI ON A HAMBURGER BUN
CHEESY VEGGIES
SMILEY POTATOES
BLUEBERRY PEARLS
CHOICE OF MILK
MILK- CHOCOLATE 1%

FREE MEALS TO ALL STUDENTS AT RICHWOODS PK-8

MENU IS SUBJECT TO CHANGE

This institution is an equal opportunity provider.

Sep 21, 2026