## Richwoods R-7

**Monday** 

**Tuesday** 

Wednesday

**Thursday** 

**Friday** 

Jan 1

NO SCHOOL TODAY

NO SCHOOL TODAY

Jan 5

NO SCHOOL TODAY

Jan 6

25A CHICKEN ALFREDO GARLIC BREADSTICK 100% JUICE DRAGON PUNC Н **BROCCOLI PARMESAN** MARION BLACKBERRIES 1% WHITE MILK MILK- CHOCOLATE 1%

Jan 7

**BBQ BURGER** ON A BUN FRIES SPICY 3/8" CUT SEASONED CARROTS MANDARIN ORANGES 1% WHITE MILK MILK- CHOCOLATE 1% Jan 8

DICED PARMESAN GARLIC CHICKEN 25A ROLL 1.5OZ SISTER SC **HUBERT** MASHED POTATOES **CHICKEN GRAVY CORN NIBLETS STRAWBERRIES** 25X BROWNIE WG CUT 6X1 0

CHOICE OF MILK MILK- CHOCOLATE 1%

SALISBURY STEAK N GRAV

Jan 9

Jan 2

HAM AND AMERICAN CHEE SE **DELI ON HAMBURGER BUN** SMILEY POTATOES CATALINA BLEND VEGGIES STRAWBERRY/POM. FROZEN FRUIT CUP

CHOICE OF MILK MILK- CHOCOLATE 1%

## Jan 12

SEASONED GRILLED CHICKEN FILLET 25A ROLL 1.5OZ SISTER SC HUBERT ROASTED SWEET POTATOE S

**BROCCOLI SALAD** MARION BLACKBERRIES CHOICE OF MILK MILK- CHOCOLATE 1%

Jan 13

TACO-IN-A-BAG NACHO CHEESE CHIPS **BEEF TACO MEAT** MEXICAN BEANS LETTUCE, TOM., &CHS. CUP FRESH WATERMELON CUB ES

CHOICE OF MILK MILK- CHOCOLATE 1% Jan 14

**BEEF RAVIOLI** 6" BOSCO BREADSTICK WANGO MANGO VEG & FRUIT JUICE BLEND **CORN NIBLETS** MANDARIN ORANGES CHOICE OF MILK MILK- CHOCOLATE 1%

Jan 15 `

2.2oz WG ROLL SEASONED CARROTS MASHED POTATOES SLICED STRAWBERRIES DBL CHOC. COOKIE WG CHOICE OF MILK MILK- CHOCOLATE 1%

Jan 16

PEPPERONI 4X6 PIZZA TOSSED SALAD **CUCUMBER SLICES BLUEBERRY PEARLS** CHOICE OF MILK MILK- CHOCOLATE 1%

Jan 19

NO SCHOOL TODAY

Jan 20

CHICKEN ENCHILADA NACH OS ROMAINE LETTUCE **BLACK OLIVES** MICHIGAN FRUIT MIX CHOICE OF MILK

MILK- CHOCOLATE 1%

Jan 21

SPAGHETTI/ MEAT SAUCE 6" BOSCO BREADSTICK **CORN NIBLETS** TOSSED SALAD MANDARIN ORANGES CHOICE OF MILK MILK- CHOCOLATE 1%

CHICKEN PATTY ON BUN **AU GRATIN POTATOES** CATALINA BLEND VEGGIES CANNED SLICED PEACHES CHOICE OF MILK MILK- CHOCOLATE 1%

Jan 23

CHEESY MAC BITES **TOSSED SALAD GRAPE TOMATOES** SLICED APPLE'S IN A BAG CHOICE OF MILK MILK- CHOCOLATE 1%

Jan 26

CHEESEY CHICKEN **TORTELLINI CELERY STICKS GRAPE TOMATOES STRAWBERRIES** CHOCOLATE CHIP COOKIE WG CHOICE OF MILK MILK- CHOCOLATE 1%

Jan 27

**PULLED PORK FRITOS** ROMAINE LETTUCE **BLACK OLIVES** MICHIGAN FRUIT MIX CHOICE OF MILK MILK- CHOCOLATE 1% Jan 28

MINI CORN DOGS SEASONED CARROTS **SMILEY POTATOES** CANNED SLICED PEACHES CHOICE OF MILK MILK- CHOCOLATE 1%

Jan 29

Jan 22

HOMESTYLE CHICKEN NUG **GETS AU GRATIN POTATOES** SAVORY GREEN BEANS MICHIGAN FRUIT MIX CHOICE OF MILK MILK- CHOCOLATE 1%

Jan 30

**TURKEY & SWISS CHEESE** DELI ON A HAMBURGER BU N CHEESY VEGGIES SMILEY POTATOES **BLUEBERRY PEARLS** 

CHOICE OF MILK

MILK- CHOCOLATE 1%

\*FREE MEALS TO ALL STUDENTS AT RICHWOODS PK-8\*

**MENU IS SUBJECT TO CHANGE**