

Richwoods R-7

PK-8 Lunch



Monday

Tuesday

Wednesday

Thursday

Friday

Feb 2

CHICKEN TENDERLOIN
AU GRATIN POTATOES
BROCCOLI W/CHEESE
SLICED APPLE'S IN A BAG
CHOICE OF MILK
MILK- CHOCOLATE 1%

Feb 3

BEEF BURRITO
QUESO BLANCO CHEESE
SAUCE
ROMAINE LETTUCE
GRAPE TOMATOES
MIXED BERRY LEMON
FROZEN FRUIT CUP
CHOICE OF MILK
MILK- CHOCOLATE 1%

Feb 4

BREADED FISH STICKS
COLE SLAW
SEASONED CRISPY
CRINKLE FRIES
FRUIT COCKTAIL
CHOICE OF MILK
MILK- CHOCOLATE 1%

Feb 5

BBQ CHICKEN DRUMSTICK
MACARONI AND CHEESE
SAVORY GREEN BEANS
WANGO MANGO
VEG & FRUIT JUICE BLEND
ORANGE/PINE/CHERRY
SWIRL FROZEN FRUIT CUP
MINI RICE KRISPY TREAT
CHOICE OF MILK
MILK- CHOCOLATE 1%

Feb 6

PEPPERONI 4X6 PIZZA
TOSSED SALAD
BABY CARROTS
PINEAPPLE CHUNKS
TRIPLE CHOCOLATE COOKI
E
CHOICE OF MILK
MILK- CHOCOLATE 1%

Feb 9

CHEESEBURGER ON A BUN
WG ONION RINGS
BROCCOLI PARMESAN
FRESH ORANGE
CHOICE OF MILK
MILK- CHOCOLATE 1%

Feb 10

MUCHO NACHOS
ROMAINE LETTUCE
GRAPE TOMATOES
FRESH ORANGE
CHOICE OF MILK
MILK- CHOCOLATE 1%

Feb 11

MOSTACCIOLI
6" BOSCO BREADSTICK
CORN NIBLETS
TOSSED SALAD
MANDARIN ORANGES
CHOICE OF MILK
MILK- CHOCOLATE 1%

Feb 12

TYSON POPCORN CHICKEN
MASHED POTATOES
SAVORY GREEN BEANS
SLICED STRAWBERRIES
CHOICE OF MILK
MILK- CHOCOLATE 1%
PEPPER GRAVY

Feb 13

NO SCHOOL TODAY

Feb 16

NO SCHOOL TODAY

Feb 17

W.G. GRAPE SMUCKERS
PB&J UNCRUSTABLE
BABY CARROTS
100% JUICE DRAGON PUNCH
SLICED APPLE'S IN A BAG
FAT FREE RANCH DRESSING
CHOICE OF MILK
MILK- CHOCOLATE 1%
MILK- WHITE F.F.

Feb 18

TURKEY HOT DOG
W.G. HOTDOG BUN
BROCCOLI SALAD
BBQ SIDEWINDER FRIES
STRAWBERRIES
CHOICE OF MILK
MILK- CHOCOLATE 1%

Feb 19

SALISBURY STEAK N GRavy
2.2oz WG ROLL
MASHED POTATOES
SEASONED CARROTS
STRAWBERRIES
CHOICE OF MILK
MILK- CHOCOLATE 1%

Feb 20

CHEESE 4X6 PIZZA
TOSSED SALAD
GRAPE TOMATOES
PEARS SLICED
CHOICE OF MILK
MILK- CHOCOLATE 1%

Feb 23

MANDARIN ORANGE CHICKEN
CHICKEN FRIED RICE
CELERY STICKS
BABY CARROTS
FRUIT COCKTAIL
LUIGI ORANGE SHERBET
CHOICE OF MILK
MILK- CHOCOLATE 1%

Feb 24

TACO-IN-A-BAG
NACHO CHEESE CHIPS
BEEF TACO MEAT
MEXICAN BEANS
LETTUCE, TOM., &CHS. CUP
FRESH ORANGE
CHOICE OF MILK
MILK- CHOCOLATE 1%

Feb 25

SLOPPY JOE ON BUN
TOSSED SALAD
CUCUMBER SLICES
MANDARIN ORANGES
CHOICE OF MILK
MILK- CHOCOLATE 1%

Feb 26

HOMESTYLE CHICKEN NUGGETS
25A ROLL 1.5OZ SISTER SC HUBERT
ROASTED SWEET POTATOES
CATALINA PARMESAN
CANNED SLICED PEACHES
CHOICE OF MILK
MILK- CHOCOLATE 1%

Feb 27

MEATBALL SUB
SEASONED CRINKLE FRIES
FRESH BROCCOLI
PINEAPPLE CHUNKS
CHOICE OF MILK
MILK- CHOCOLATE 1%

FREE MEALS TO ALL STUDENTS AT RICHWOODS PK-8

MENU IS SUBJECT TO CHANGE

This institution is an equal opportunity provider.