



# Richwoods R-7

## PK-8 Lunch



### Monday

Feb 2

CHICKEN TENDERLOIN  
AU GRATIN POTATOES  
BROCCOLI W/CHEESE  
SLICED APPLE'S IN A BAG  
CHOICE OF MILK  
MILK- CHOCOLATE 1%

### Tuesday

Feb 3

BEEF BURRITO  
QUESO BLANCO CHEESE  
SAUCE  
ROMAINE LETTUCE  
GRAPE TOMATOES  
MIXED BERRY LEMON  
FROZEN FRUIT CUP  
CHOICE OF MILK  
MILK- CHOCOLATE 1%

### Wednesday

Feb 4

BREADED FISH STICKS  
COLE SLAW  
SEASONED CRISPY  
CRINKLE FRIES  
FRUIT COCKTAIL  
CHOICE OF MILK  
MILK- CHOCOLATE 1%

### Thursday

Feb 5

BBQ CHICKEN DRUMSTICK  
MACARONI AND CHEESE  
SAVORY GREEN BEANS  
WANGO MANGO  
VEG & FRUIT JUICE BLEND  
ORANGE/PINE/CHERRY  
SWIRL FROZEN FRUIT CUP  
MINI RICE KRISPY TREAT  
CHOICE OF MILK  
MILK- CHOCOLATE 1%

### Friday

Feb 6

PEPPERONI 4X6 PIZZA  
TOSSED SALAD  
BABY CARROTS  
PINEAPPLE CHUNKS  
TRIPLE CHOCOLATE COOKI  
E  
CHOICE OF MILK  
MILK- CHOCOLATE 1%

Feb 9

CHEESEBURGER ON A BUN  
WG ONION RINGS  
BROCCOLI PARMESAN  
FRESH ORANGE  
CHOICE OF MILK  
MILK- CHOCOLATE 1%

Feb 10

MUCHO NACHOS  
ROMAINE LETTUCE  
GRAPE TOMATOES  
FRESH ORANGE  
CHOICE OF MILK  
MILK- CHOCOLATE 1%

Feb 11

MOSTACCIOLI  
6" BOSCO BREADSTICK  
CORN NIBLETS  
TOSSED SALAD  
MANDARIN ORANGES  
CHOICE OF MILK  
MILK- CHOCOLATE 1%

Feb 12

TYSON POPCORN CHICKEN  
MASHED POTATOES  
SAVORY GREEN BEANS  
SLICED STRAWBERRIES  
CHOICE OF MILK  
MILK- CHOCOLATE 1%  
PEPPER GRAVY

Feb 13

NO SCHOOL TODAY

Feb 16

NO SCHOOL TODAY

Feb 17

W.G. GRAPE SMUCKERS  
PB&J UNCRUSTABLE  
BABY CARROTS  
100% JUICE DRAGON PUNC  
H  
SLICED APPLE'S IN A BAG  
FAT FREE RANCH DRESSIN  
G  
CHOICE OF MILK  
MILK- CHOCOLATE 1%  
MILK- WHITE F.F.

Feb 18

TURKEY HOT DOG  
W.G. HOTDOG BUN  
BROCCOLI SALAD  
BBQ SIDEWINDER FRIES  
STRAWBERRIES  
CHOICE OF MILK  
MILK- CHOCOLATE 1%

Feb 19

SALISBURY STEAK N GRAV  
Y  
2.2oz WG ROLL  
MASHED POTATOES  
SEASONED CARROTS  
STRAWBERRIES  
CHOICE OF MILK  
MILK- CHOCOLATE 1%

Feb 20

CHEESE 4X6 PIZZA  
TOSSED SALAD  
GRAPE TOMATOES  
PEARS SLICED  
CHOICE OF MILK  
MILK- CHOCOLATE 1%

Feb 23

MANDARIN ORANGE  
CHICKEN  
CHICKEN FRIED RICE  
CELERY STICKS  
BABY CARROTS  
FRUIT COCKTAIL  
LUIGI ORANGE SHERBET  
CHOICE OF MILK  
MILK- CHOCOLATE 1%

Feb 24

TACO-IN-A-BAG  
NACHO CHEESE CHIPS  
BEEF TACO MEAT  
MEXICAN BEANS  
LETTUCE, TOM., &CHS. CUP  
FRESH ORANGE  
CHOICE OF MILK  
MILK- CHOCOLATE 1%

Feb 25

SLOPPY JOE ON BUN  
TOSSED SALAD  
CUCUMBER SLICES  
MANDARIN ORANGES  
CHOICE OF MILK  
MILK- CHOCOLATE 1%

Feb 26

HOMESTYLE CHICKEN NUG  
GETS  
25A ROLL 1.5OZ SISTER SC  
HUBERT  
ROASTED SWEET POTATOE  
S  
CATALINA PARMESAN  
CANNED SLICED PEACHES  
CHOICE OF MILK  
MILK- CHOCOLATE 1%

Feb 27

MEATBALL SUB  
SEASONED CRINKLE FRIES  
FRESH BROCCOLI  
PINEAPPLE CHUNKS  
CHOICE OF MILK  
MILK- CHOCOLATE 1%

\*FREE MEALS TO ALL STUDENTS AT RICHWOODS PK-8\*

MENU IS SUBJECT TO CHANGE

This institution is an equal opportunity provider.

Jan 22, 2026