



Richwoods R-7



PK-8 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Feb 2</p> <p>BLUEBERRY WG MUFFIN 100% ORANGE JUICE SOUR APPLE APPLESAUCE OR CHOICE OF CEREAL & CEREAL BAR CHOICE OF MILK MILK- CHOCOLATE 1% 1% WHITE MILK</p>	<p>Feb 3</p> <p>FRENCH TST STIX SYRUP PC BLUE RAZZ JUICE CHERRY CRAISINS OR CHOICE OF CEREAL & CEREAL BAR CHOICE OF MILK MILK- CHOCOLATE 1% 1% WHITE MILK</p>	<p>Feb 4</p> <p>BREAKFAST BUN 100% APPLE JUICE STRAWBERRY CRAISINS OR CHOICE OF CEREAL & CEREAL BAR CHOICE OF MILK MILK- CHOCOLATE 1% MILK- STRAWBERRY 1% 1% WHITE MILK</p>	<p>Feb 5</p> <p>PILLSBURY BISCUIT SAUSAGE PATTY SMUCKER'S GRAPE JELLY WATERMELON RAISELS 100% APPLE JUICE OR CHOICE OF CEREAL & CEREAL BAR CHOICE OF MILK MILK- CHOCOLATE 1% MILK- WHITE F.F.</p>	<p>Feb 6</p> <p>DUTCH WAFFLE STRAWBERRY DANIMALS YOGURT SOUR FRUIT SPLASH RAISE LS 100% APPLE JUICE OR CHOICE OF CEREAL & CEREAL BAR CHOICE OF MILK MILK- CHOCOLATE 1% 1% WHITE MILK</p>
<p>Feb 9</p> <p>W/G MINI CAKE DONUTS VANILLA DANIMALS YOGURT SLICED APPLE'S IN A BAG 100% APPLE JUICE OR CHOICE OF CEREAL & CEREAL BAR CHOICE OF MILK MILK- CHOCOLATE 1% 1% WHITE MILK</p>	<p>Feb 10</p> <p>MINI BAGELS CINNAMON CREAMY CHEESE MINI BAGELS STRAWBERRY CREAMY CHEESE ROCK'N BLUE RASPBERRY APPLESAUCE 100% APPLE JUICE OR CHOICE OF CEREAL & CEREAL BAR CHOICE OF MILK MILK- CHOCOLATE 1% 1% WHITE MILK</p>	<p>Feb 11</p> <p>BREAKFAST ON A STICK SYRUP PC SOUR FRUIT SPLASH RAISE LS MERRY CHERRY JUICE OR CHOICE OF CEREAL & CEREAL BAR CHOICE OF MILK MILK- CHOCOLATE 1% 1% WHITE MILK</p>	<p>Feb 12</p> <p>PILLSBURY BISCUIT SAUSAGE GRAYVY ROCK'N BLUE RASPBERRY APPLESAUCE 100% ORANGE JUICE OR CHOICE OF CEREAL & CEREAL BAR CHOICE OF MILK MILK- WHITE F.F. MILK- CHOCOLATE 1%</p>	<p>Feb 13</p> <p>NO SCHOOL TODAY</p>
<p>Feb 16</p> <p>NO SCHOOL TODAY</p>	<p>Feb 17</p> <p>HAM & CHEESE BISCUIT GRAPES BLUE RAZZ JUICE OR CEREAL BOWL CHOICE CHEEZ-IT CHOICE OF MILK MILK- CHOCOLATE 1% MILK- WHITE F.F.</p>	<p>Feb 18</p> <p>SAUSAGE & CHZ BRK PIZZA MERRY CHERRY JUICE WATERMELON RAISELS CHOICE OF CEREAL & CEREAL BAR OR CHOICE OF MILK MILK- CHOCOLATE 1% 1% WHITE MILK</p>	<p>Feb 19</p> <p>COUNTRY BREAKFAST SCRAMBLE BURRITO MANDARIN ORANGES SOUR APPLE JUICE OR CHOICE OF CEREAL & CEREAL BAR CHOICE OF MILK MILK- CHOCOLATE 1% MILK- WHITE F.F.</p>	<p>Feb 20</p> <p>STRAWBERRY YOGURT PARFAIT 100% APPLE JUICE SOUR FRUIT SPLASH RAISE LS OR CHOICE OF CEREAL & CEREAL BAR CHOICE OF MILK MILK- CHOCOLATE 1% MILK- WHITE F.F.</p>
<p>Feb 23</p> <p>W/G LONG JOHN SOUR FRUIT SPLASH RAISE LS 100% ORANGE JUICE OR CHOICE OF CEREAL & CEREAL BAR CHOICE OF MILK MILK- CHOCOLATE 1% 1% WHITE MILK</p>	<p>Feb 24</p> <p>W.G. PANCAKES SYRUP PC HOT HAM BLUE RAZZ JUICE CHERRY CRAISINS OR CHOICE OF CEREAL & CEREAL BAR CHOICE OF MILK MILK- CHOCOLATE 1% 1% WHITE MILK</p>	<p>Feb 25</p> <p>CIN TST CRUNCH CREAM CHS FILLED BRK BAR SOUR LEMON RAISELS 100% APPLE JUICE OR CHOICE OF CEREAL & CEREAL BAR CHOICE OF MILK MILK- CHOCOLATE 1% 1% WHITE MILK</p>	<p>Feb 26</p> <p>PILLSBURY BISCUIT SAUSAGE PATTY SMUCKER'S GRAPE JELLY WATERMELON RAISELS 100% APPLE JUICE OR CHOICE OF CEREAL & CEREAL BAR CHOICE OF MILK MILK- CHOCOLATE 1% MILK- WHITE F.F.</p>	<p>Feb 27</p> <p>W.G. CINNAMON ROLL BACON EGGSTRAVAGANZA 100% ORANGE JUICE STRAWBERRY CRAISINS OR CHOICE OF CEREAL & CEREAL BAR CHOICE OF MILK MILK- CHOCOLATE 1% 1% WHITE MILK</p>

FREE MEALS TO ALL STUDENTS AT RICHWOODS PK-8

MENU IS SUBJECT TO CHANGE

This institution is an equal opportunity provider.

Jan 22, 2026