



Richwoods R-7 PK-8 Breakfast



Monday

Tuesday

Wednesday

Thursday

Friday

Aug 25

FRENCH TST STIX
SYRUP PC
BLUE RAZZ JUICE
CHERRY CRAISINS
OR
CHOICE OF CEREAL &
CEREAL BAR
CHOICE OF MILK
MILK- CHOCOLATE 1%
1% WHITE MILK

Aug 26

BREAKFAST ON A STICK
SYRUP PC
MERRY CHERRY JUICE
WATERMELON RAISELS
OR
CHOICE OF CEREAL &
CEREAL BAR
CHOICE OF MILK
MILK- CHOCOLATE 1%
1% WHITE MILK

Aug 27

PILLSBURY BISCUIT
SAUSAGE GRAVY
ROCK'N BLUE RASPBERRY
APPLESAUCE
100% ORANGE JUICE
OR
CHOICE OF CEREAL &
CEREAL BAR
CHOICE OF MILK
MILK- WHITE F.F.
MILK- CHOCOLATE 1%

Aug 28

STRAWBERRY SHORTCAKE
PARFAIT
100% APPLE JUICE
SOUR FRUIT SPLASH RAISE
LS
OR
CHOICE OF CEREAL &
CEREAL BAR
CHOICE OF MILK
MILK- CHOCOLATE 1%
MILK- WHITE F.F.

Aug 31

CHOCOLATE CHIP WG MUF
FIN
100% ORANGE JUICE
GRAPE RAISELS
OR
CHOICE OF CEREAL &
CEREAL BAR
CHOICE OF MILK
MILK- CHOCOLATE 1%
1% WHITE MILK

FREE MEALS TO ALL STUDENTS AT RICHWOODS PK-8

MENU IS SUBJECT TO CHANGE

This institution is an equal opportunity provider.

Aug 4, 2026