



Richwoods R-7 PK-8 Breakfast



Monday

Tuesday

Wednesday

Thursday

Friday

Apr 1

MINI BAGELS CINNAMON CREAMY CHEESE
MINI BAGELS STRAWBERRY CREAMY CHEESE
ROCK'N BLUE RASPBERRY APPLESAUCE
100% APPLE JUICE
OR
CHOICE OF CEREAL & CEREAL BAR
CHOICE OF MILK
MILK- CHOCOLATE 1%
1% WHITE MILK

Apr 2

PILLSBURY BISCUIT SAUSAGE GRAVY
ROCK'N BLUE RASPBERRY APPLESAUCE
100% ORANGE JUICE
OR
CHOICE OF CEREAL & CEREAL BAR
CHOICE OF MILK
MILK- WHITE F.F.
MILK- CHOCOLATE 1%

Apr 3

NO SCHOOL TODAY

Apr 6

NO SCHOOL TODAY

Apr 7

NO SCHOOL TODAY

Apr 8

NO SCHOOL TODAY

Apr 9

NO SCHOOL TODAY

Apr 10

NO SCHOOL TODAY

Apr 13

BREAKFAST BUN
100% APPLE JUICE
STRAWBERRY CRAISINS
OR
CHOICE OF CEREAL & CEREAL BAR
CHOICE OF MILK
MILK- CHOCOLATE 1%
MILK- STRAWBERRY 1%
1% WHITE MILK

Apr 14

FRENCH TST STIX SYRUP PC
BLUE RAZZ JUICE
CHERRY CRAISINS
OR
CHOICE OF CEREAL & CEREAL BAR
CHOICE OF MILK
MILK- CHOCOLATE 1%
1% WHITE MILK

Apr 15

BACON SCRAMBLE BRK PIZ ZA
MERRY CHERRY JUICE
WATERMELON RAISELS
OR
CHOICE OF CEREAL & CEREAL BAR
CHOICE OF MILK
MILK- CHOCOLATE 1%
1% WHITE MILK

Apr 16

PILLSBURY BISCUIT SAUSAGE PATTY
SMUCKER'S GRAPE JELLY
WATERMELON RAISELS
100% APPLE JUICE
OR
CHOICE OF CEREAL & CEREAL BAR
CHOICE OF MILK
MILK- CHOCOLATE 1%
MILK- WHITE F.F.

Apr 17

CIN TST CRUNCH CREAM CHS FILLED BRK BAR
SOUR LEMON RAISELS
100% APPLE JUICE
OR
CHOICE OF CEREAL & CEREAL BAR
CHOICE OF MILK
MILK- CHOCOLATE 1%
1% WHITE MILK

Apr 20

W.G. PANCAKES SYRUP PC
HOT HAM
BLUE RAZZ JUICE
CHERRY CRAISINS
OR
CHOICE OF CEREAL & CEREAL BAR
CHOICE OF MILK
MILK- CHOCOLATE 1%
1% WHITE MILK

Apr 21

BLUEBERRY WG MUFFIN
100% ORANGE JUICE
SOUR APPLE
APPLESAUCE
OR
CHOICE OF CEREAL & CEREAL BAR
CHOICE OF MILK
MILK- CHOCOLATE 1%
1% WHITE MILK

Apr 22

W/G LONG JOHN
SOUR FRUIT SPLASH RAISELS
100% ORANGE JUICE
OR
CHOICE OF CEREAL & CEREAL BAR
CHOICE OF MILK
MILK- CHOCOLATE 1%
1% WHITE MILK

Apr 23

BREAKFAST ON A STICK SYRUP PC
MERRY CHERRY JUICE
WATERMELON RAISELS
OR
CHOICE OF CEREAL & CEREAL BAR
CHOICE OF MILK
MILK- CHOCOLATE 1%
1% WHITE MILK

Apr 24

STRAWBERRY YOGURT PARFAIT
100% APPLE JUICE
SOUR FRUIT SPLASH RAISELS
OR
CHOICE OF CEREAL & CEREAL BAR
CHOICE OF MILK
MILK- CHOCOLATE 1%
MILK- WHITE F.F.

Apr 27

WAFFLES SYRUP PC
BLUE RAZZ JUICE
STRAWBERRY APPLESAUCE
OR
CHOICE OF CEREAL & CEREAL BAR
CHOICE OF MILK
MILK- CHOCOLATE 1%
1% WHITE MILK

Apr 28

HAM & CHEESE BISCUIT GRAPES
BLUE RAZZ JUICE
OR
CEREAL BOWL CHOICE CHEEZ-IT
CHOICE OF MILK
MILK- CHOCOLATE 1%
MILK- WHITE F.F.

Apr 29

SAUSAGE & CHZ BRK PIZZA
MERRY CHERRY JUICE
WATERMELON RAISELS
CHOICE OF CEREAL & CEREAL BAR
OR
CHOICE OF MILK
MILK- CHOCOLATE 1%
1% WHITE MILK

Apr 30

PILLSBURY BISCUIT SAUSAGE GRAVY
ROCK'N BLUE RASPBERRY APPLESAUCE
100% ORANGE JUICE
OR
CHOICE OF CEREAL & CEREAL BAR
CHOICE OF MILK
MILK- WHITE F.F.
MILK- CHOCOLATE 1%

FREE MEALS TO ALL STUDENTS AT RICHWOODS PK-8

MENU IS SUBJECT TO CHANGE

This institution is an equal opportunity provider.

Mar 25, 2026