

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
30 Chicken Nuggets w/ Mashed Potatoes Cheeseburger Carrots Chocolate Muffin	5 Crunchy Carnitas Tacos Chilaquiles w/ Beans Corn Cinnamon Rolls	6 Pepperoni & Cheese Pizza Ham & Cheese Sandwich Broccoli Mini Pancakes	7 Sweet & Sour Chicken Bowl Mac & Cheese Carrots Cereal	8
11 Chicken Alfredo Pasta Pretzel w/ Cheddar Sauce Carrots Cereal	12 Beef Picadillo Tacos w/ Mexican Rice Cheese Quesadillas Refried Beans Banana Muffin	13 Pepperoni & Cheese Pizza Chicken Patty sandwich Broccoli Chocolate Bread	14 Italian Dunkers w/ Marinara Sauce Beef Nachos Corn Scrambled Eggs & Waffles	15
18 Spaghetti & Meat sauce Cheeseburger Carrots Pancake Bites	19 Chicken Tinga Tacos w/ Mexican Rice Chilaquiles Beans Cereal	20 Pepperoni & Cheese Pizza Hot Dog Broccoli Yogurt & Graham Crackers	21 No Lunch! Cereal Bar	22
25	26	27	28	29

All bread, rolls, buns and pizza crust are whole grain.
All salads served with a whole grain dinner roll
All meals are served with a variety of fruits, veggies & 1% white or flavored fat free milk

MENUS ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

*Entrée contains pork

THE COW HOUSE @

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This institution is an equal opportunity provider.