



# Athletics

## Teams

### Boys Sports

- Football
- Soccer
- Cross Country
- Basketball
- Ice Hockey
- Indoor Track
- Swimming & Diving
- Baseball
- Lacrosse
- Golf
- Tennis
- Outdoor Track

### Girls Sports

- Soccer
- Volleyball
- Field Hockey
- Cross Country
- Swimming & Diving
- Cheerleading
- Basketball
- Ice Hockey
- Indoor Track
- Softball
- Lacrosse
- Golf
- Tennis
- Outdoor Track

## Highlights

Over 87% of our students participate in Athletics

66 Team State Championships since opening our doors in 1961

Academic All-Conference student-athletes

All-Conference, All-State, All-New England, All-American athletes

Varsity, JV, Freshman level teams

Alumni at Professional, Division I, II, and III levels

18% of Seniors in past four Years competed at collegiate level  
(NCAA National Average HS-College Student Athlete 6.6%)

## Off The Field

Over 5,000 hours of community service annually

Charity games & events to raise funds and awareness

Athletic Training partners: Integrated Rehabilitation Services

9x Michael's Achievement Cup winner for sportsmanship

Leadership training through Captain's Council & Student-led  
"Eagles Take Action" class act sportsmanship program

Twitter: @EastCatholicAD | Instagram: @eastcatholicathletics

