

Ganado Unified School District # 20

This institution is an Equal Opportunity
Provider. Menu are subject to change.

Menus for July 2026

SPRAY AWAY.

This year, protecting yourself
from mosquito bites will be more
important than ever. If there are
lots of mosquitoes in your area,
wear long sleeve shirts and pants
whenever possible and use
insect repellent on unprotected
skin. Visit CDC.gov for lots of
other tips and more details.



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

YOU'RE GOOD

**ALL STUDENTS EAT
ALL MEALS @ NO COST
AGAIN THIS YEAR**

GUSD DISTRICT
NUTRITION SERVICES

STRANGE BUT TRUE!



SEAHORSES ARE STRANGE AND
WONDERFUL CREATURES IN
MANY WAYS, BUT HERE'S
THE MOST ASTOUNDING
THING ABOUT THEM:
**THE FEMALE
SEAHORSES
DON'T HAVE
THE BABIES
- INSTEAD,
THE MALE
SEAHORSES DO.**
THE FEMALE LAYS HER
EGGS IN A SPECIAL POUCH
ON THE MALE'S STOMACH,
WHERE HE INCUBATES
THE EGGS BEFORE HE
DELIVERS THE BABIES!



Every complete meal
we serve comes with
your choice of milk!

Wednesday, July 29

Breakfast

Blue Mush w/Fruits,
Sausage Patty,
Apple Juice
Choice of Milk

Lunch

Sweet & Sassy
Chicken
Veggie Egg Roll
Teriyaki Noodles
Steamed Carrots
Choice of Milk
MS,HS Alternate Choice

Thursday, July 30

Breakfast

Breakfast Burrito
Mild Salsa
Fresh Fruits
Choice of Milk

Lunch

Cheese Quesadilla
Wg Tortilla Chips
Mild Salsa
Lettuce/Tomato
Black Beans
Fresh Fruit
MS, HS Alternate Choice

Friday, July 31

Breakfast

Denver Omelet
WG Bagel
Fresh Fruits
Choice of Milk

Lunch

WG Pepperoni Pizza
Tossed Salad
Ranch Dressing
Carrot/Celery Sticks
Fresh Fruit
Choice of Milk
MS, HS Alternate Choice



We're SO GLAD to see
you again! It's going to be a
GREAT YEAR!

Available Daily

At Middle & High School

Wednesday: Burrito

Thursday: Corndogs

Friday: Deli Sandwich

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