

Menus for August 2026

GANADO UNIFIED
SCHOOL
DISTRICT #20

This institution is an equal
opportunity provider.
Menus are subject
to change.

**KIDS! Join us daily for
the original value meal!**

All of our complete meals are always

**NO CHARGE
for all students**

with no need to submit an
application, thanks to the
Community Eligibility Program!

Monday, August 3

Breakfast

French Toast,
Syrup, Sausage Patty
Fresh Fruit
Choice of Milk

Lunch

Chicken Soft Taco
WG Tortilla Chips
Lettuce/Tomato
Charro Beans
Fresh Fruit
Choice of Milk
MS, HS Alternate Choice

Tuesday, August 4

Breakfast

Western Omelet
Quesadilla, Salsa
Fresh Fruit
Choice of Milk

Lunch

WG Spaghetti w/
Meat Sauce
Wg Garlic Breadstick
Steamed Broccoli
Fresh Fruit
Choice of Milk
MS, HS Alternate Choice

Wednesday, August 5

Breakfast

Blueberry Muffin,
Assorted Yogurt
Juice, Fresh Fruit
Choice of Milk

Lunch

Baked Chicken Thighs
Wg Lunch Roll
Steamed Corn
Cole Slaw
Fresh Fruit
Choice of Milk
MS, HS Alternate Choice

Thursday, August 6

Breakfast

Wg Cheddar Biscuit
Cheesy Scrambled
Eggs, Fresh Fruit
Choice of Milk

Lunch

Macaroni & Cheese
Wg Dinner Roll
Tater Tots
Carrot Sticks
Fresh Fruit
Choice of Milk
MS, HS Alternate Choice

Friday, August 7

Breakfast

Oatmeal, WG Toast,
Cranberry Raisins,
Fresh Fruit,
Choice of Milk

Lunch

Pepperoni Pizza
Romaine Salad
Ranch Dressing
Celery Sticks
Fresh Fruit
Choice of Milk
MS, HS Alternate Choice

Monday, August 10

Breakfast

Breakfast Pizza
Apple Juice
Fresh Fruit
Choice of Milk

Lunch

Chili Beans
Blue Corn Cornbread
Celery Sticks
Steamed Carrots
Fresh Fruit
Choice of Milk
MS, HS Alternate Choice

Tuesday, August 11

Breakfast

Biscuit Sausage
Sandwich,
Fresh Fruit
Choice of Milk

Lunch

Chicken Enchiladas
Casserole
Mexicali Corn
Refried Beans
Fresh Fruit
Choice of Milk
MS, HS Alternate Choice

Wednesday, August 12

Breakfast

WG Toast w/ Jam
Scrambled Eggs
Apple Juice, Fruit
Choice of Milk

Lunch

Cheeseburger
French Fries
Gr Leaf/Tomato
Baked Beans
Fresh Fruit
Choice of Milk
MS, HS Alternate Choice

Thursday, August 13

Breakfast

Wg Pancakes, Syrup
Sausage Links
Fresh Fruits
Choice of Milk

Lunch

Mandarin Orange
Chicken w/ Noodles
Asian Vegetables
Baby Carrots
Fresh Fruit
Choice of Milk
MS, HS Alternate Choice

Friday, August 14

Breakfast

Hash Brown Casserole
English Muffin, Jelly
Fresh Fruit
Choice of Milk

Lunch

Chicken Sandwich
Gr Leaf/ Tomato
Coleslaw
Cauliflower
Fresh Fruit
Choice of Milk
MS, HS Alternate Choice



DON'T 4 GET!

Eat Breakfast and It's
Important meal
of the Day!

Welcome Back Students
and Staff. Happy to have
you back



GUSD Nutrition Services

Monday, August 17

Breakfast

Ham/Cheese Strata
Wg English Muffin
Apple Juice
Fresh Fruit
Choice of Milk

Lunch

BBQ Pork Sandwich
Steamed Broccoli
Celery Sticks
Fresh Fruit
Choice of Milk
MS, HS Alternate Choice

Tuesday, August 18

Breakfast

Blue Corn Mush
Hard Boiled Egg
Fresh Berries
Fresh Fruit
Choice of Milk

Lunch

Red Chili Beef
WG Flour Tortilla
Romaine Salad
Fresh Fruit
Choice of Milk
MS, HS Alternate Choice

Wednesday, August 19

Breakfast

Sausage, Egg, Cheese
Sandwich
Cranberry Juice
Fresh Fruit
Choice of Milk

Lunch

Sloppy Joe
Baked Beans
Cole Slaw
Fresh Fruit
Choice of Milk
MS, HS Alternate Choice

Thursday, August 20

Breakfast

Peach Muffin Squares
Or Cold Cereal
Assorted Yogurt
Fresh Fruit
Choice of Milk

Lunch

Chicken Nuggets
Steamed Corn
Green Beans
Fresh Fruit
Choice of Milk
MS, HS Alternate Choice

Friday, August 21

Breakfast

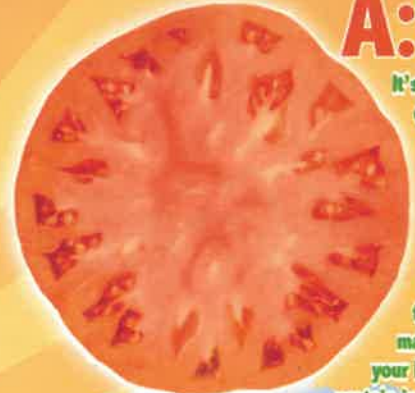
French Toast Sticks
Sausage Patty
Tater Tots
Fresh Fruits
Choice of Milk

Lunch

Loaded Fries
WG Cornbread
Green Peas
Fresh Fruit
Choice of Milk
MS, HS Alternate Choice



Q: What's a Burger's Best Friend?



A: It's not cheese, or ketchup, or special sauce! It's a nice big slice of fresh tomato. Not only does a crisp, cool tomato taste good on a burger, but the vitamin C in tomatoes also makes it easier for your body to use the protein in the meat!

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html

Monday, August 24

Breakfast

Breakfast Tater Bowl
Apple Juice
Fresh Fruit
Choice of Milk

Lunch

Turkey/Cheese
Sandwich
Squash & Rice Soup
Romaine Salad
Fresh Fruit
Choice of Milk
MS, HS Alternate Choice

Tuesday, August 25

Breakfast

Cream of Wheat
PB Jelly Sandwich
Fresh Fruit
Choice of Milk

Lunch

Salisbury Steak
Mashed Potato w/ Gray
WG Dinner Roll
Steamed Broccoli
Fresh Fruit
Choice of Milk
MS, HS Alternate Choice

Wednesday, August 26

Breakfast

Cinnamon Crisp w/
Fruit Salad
Assorted Yogurt
Fresh Fruit
Choice of Milk

Lunch

Hawaiian Chicken
Wrap, Cole Slaw
Sweet Potato Fries
Fresh Fruit
Choice of Milk
MS, HS Alternate Choice

Thursday, August 27

Breakfast

Waffle, Syrup
Scrambled Eggs
Fresh Fruit
Choice of Milk

Lunch

Cheesy Baked Penne
WG Garlic Toast
Steamed Carrots
Cucumber Slices
Fresh Fruit
Choice of Milk
MS, HS Alternate Choice

Friday, August 28

Breakfast

Hot or Cold Cereal
Wg Buttered Toast
Fresh Fruit
Choice of Milk

Lunch

Taco Salad
Cilantro Lime Br Rice
Black Beans
Mild Salsa
Fresh Fruit
Choice of Milk
MS, HS Alternate Choice

Monday, August 31

Breakfast

Yellow Cornmeal
WG Buttered Toast
Juice, Fresh Fruit
Choice of Milk

Lunch

Native Taco on
Wg Fry Bread
Mild Salsa
Sweet Potato Fries
Fresh Fruit
Choice of Milk
MS, HS Alternate Choice

AVAILABLE DAILY

At Middle & High School

Monday: Corndog

Tuesday: Burrito

Wednesday: Chef Salad

Thursday: Pepperoni Pizza

Friday: Deli Sandwich

Menu are Subject to Change



The Morning Paper

How does a dog know what's going on in the world? Through his nose, of course! So when you walk a dog in the morning, and he's sniffing more than usual? A lot's happened overnight - he's just reading the morning newspaper!