

## PHYSICAL ED SUPPLY LIST 25-26 SCHOOL YEAR

### Grades K-2

- 1.) Foam Balls ( Various Sizes ) (6 to 8 soft balls for throwing, catching, )
- 2.) Jump Ropes ( short & long (7ft) (16ft)
- 3.) Cones ( Small & Large )
- 4.) Scooter boards ( with handles for upper body strength and movement games)
- 5.) Parachute 12-20ft
- 6.) Hula Hoops
- 7.) Mats kid sized ( for stretching , floor exercises )

### Grades 3-5 core equipment

- 1.) Playground balls ( set of 12 rubber balls for kickball, wall ball, and dribbling drills
- 2.) Foam soccer balls (set of 6 )
- 3.) Basketballs ( junior size 27.5")
- 4.) Cones ( Small & Large )
- 5.) Tug of war rope
- 6.) Jump ropes
- 7.) Scooter boards with handles
- 8.) Agility ladders
- 9.) Small hand weights ( basic strength routines )
- 10.) Resistance bands
- 11.) Flag football belts & Flags
- 12.) Medicine Balls