JEFF TECH

576 VO TECH ROAD
REYNOLDSVILLE, PENNSYLVANIA 15851-6368
(814) 653-8265
FAX: (814) 653-8425

Dear Parents/Guardians,

Welcome to another school year! As your School Nurses, we are excited to partner with you in supporting your student's health, safety, and academic achievement.

The primary goal of the Jeff Tech Health Office is to keep your student in school & ready to learn. Research from the National Association of School Nurses shows that healthy students are better learners, and our office serves as a vital bridge between health and education. To achieve this, our office focuses on the following key objectives:

1. **Maximizing Instructional Time**: Our priority is to assess and treat minor illnesses or injuries so students can return to class as quickly as possible. While we provide a "safe haven" for students who are aren't feeling well, our clinical goal is to minimize "missed instructional time". We always use our best nursing judgement. Unless your student has a fever or is actively throwing up, we will do everything we can to keep your student here at school.
2. **Managing Chronic Conditions**: we work closely with families to develop Medical Care Plans for conditions like asthma, allergies, diabetes, and seizure disorders. This allows us to ensure your student can manage their health safely while on campus.
3. **Promoting Mental & Physical Wellness**: We recognize that stress, lack of sleep and poor nutrition can be significant barriers to success in high school. We provide health education to help students navigate these challenges.
4. **Ensuring a Healthy Campus**: To protect the entire school community, we manage immunization, physical compliance and monitor for communicable diseases. Calls home are at the discretion of the staff.

A Shared Responsibility

To help us keep our students in class, we ask you:

- **Keep contact information updated**
- **Follow the "24 hour Rule"-** students must be fever free (without medication) and free of vomiting or diarrhea for 24 hours before returning to school.
- **Communicate health changes-** please alert the health office, should there be a change in your student's health care needs**.** Keeping our office informed allows us to make the best decisions for your student.

Paperwork

Our office will make every attempt to keep health records on each student current. Please help us by completing both sides of the color health history form, including any allergies, chronic conditions, and **any** current medications that your **student takes in school or out of school**. Please return the color health history form as quickly as possible. Once this is reviewed the health office will contact you if additional paperwork such as a care plan is needed.

Jeff Tech is an equal opportunity education institution and will not discriminate on the basis of race, color, national origin, sex, or handicap in its activities, programs, or employment practices. For information regarding civil rights or grievance procedures, contact our Title IX Coordinator at 814-653-8265 ext. 142 or ashathorn@jefftech.edu. Additional information can be found at the Title IX page of the Jeff Tech website at www.JeffTech.edu.

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Medications

If your child requires medication to be given here at school. **The health office must have an order on file from the prescribing physician**. Orders can be faxed to the school at 814-653-8425. All medications must be dropped off at the main office by a parent, and all medications must be in their original containers with their original pharmacy label attached. If getting the medication to the school via parent is a problem, accommodations can be made. At the end of the school year, all medication **must** be picked up by the parent, failure to do so will result in discarding the medication by staff. We will not hold medication over the summer to be used for the following school year. Please sign the Prescription Medication Administration Authorization to give parent permission.

The following medications are prescribed by our school physician and can be given at school with parent permission: Ibuprofen (Motrin), Acetaminophen (Tylenol), TUMS, Benadryl, Orajel, Cough Drops and Epi-Pen. Parent permission can be noted on the green health history form.

Students are not permitted to carry their own medications during the school day. Exceptions can be made for students who require Epi-Pens or Inhalers. The health office must have an order from the prescribing physician and parent permission. The student must show proper usage to the nurse. Contact the Health office should this situation apply to your student.

Screenings

Every student will get a height, weight and vision screening. BMI results and notice of a failed vision screenings will be mailed home once all screenings are completed for the school year.

11th Grade Students

In addition to the above screenings 11th Grade students will participate in a hearing screen. Should your student fail, a referral notice will be sent home via mail.

11th Grade students are **required** to have an up-to-date physical on file. These can be obtained either through the student's primary care provider or through the school. 11th Grade students are also required to receive their 2nd Meningococcal Conjugate Vaccine after their 16th birthday. This MUST be completed for admission into 12th grade. Vaccination Exemptions are accepted. A reminder about physicals and immunizations will be sent in the mail at a later date.

Our office is open during school hours, and we are always available by phone or email to answer any questions. We look forward to a healthy and productive year!

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