

SEPTEMBER

Santa Cruz Valley Union High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 BREAKFAST BAR / CEREAL FRUIT & JUICE MILK SLOPPY JOE SANDWICH BAKED FRIES FRUIT & MILK	2 YOGURT & GRANOLA / MUFFIN FRUIT & JUICE MILK BEAN & CHEESE TOSTADAS CORN FRUIT & MILK	3 BACON AND EGG WITH TOAST / CEREAL FRUIT & JUICE MILK TURKEY SUB SANDWICHES FRESH VEGETABLES FRUIT & MILK	4
7 LABOR DAY	8 FRUDEL / MUFFIN FRUIT & JUICE MILK CHICKEN SOFT TACOS REFRIED BEANS FRUIT & MILK	9 UNCRUSTABLE PBJ / CEREAL FRUIT & JUICE MILK CHEESY TAMALES REFRIED BEANS FRUIT & MILK	10 BISCUITS & GRAVY / CEREAL FRUIT & JUICE/MILK BAKED CHICKEN / DINNER ROLL GREEN BEANS SCALLOPED POTATOES FRUIT & MILK	11
14 UNCRUSTABLE PBJ / CEREAL FRUIT & JUICE MILK CHICKEN NUGGETS DINNER ROLL BROCCOLI FRUIT & MILK	15 YOGURT & GRANOLA / MUFFIN FRUIT & JUICE/ MILK MAC & CHEESE DINNER ROLL BROCCOLI FRUIT & MILK	16 FRENCH TOAST / CEREAL FRUIT & JUICE MILK CHICKEN ALFRDO BREAD STICK GREEN BEANS FRUIT & MILK	17 EGG CHEESE & SAUSAGE SANDWICH / MUFFIN FRUIT & JUICE MILK BUFFALO CHICKEN WRAP WHOLE GRAIN CRACKERS FRESH VEGETABLES FRUIT & MILK	18
21 UNCRUSTABLE PBJ / CEREAL FRUIT & JUICE MILK BEAN & CHEESE GORDITAS CORN FRUIT & MILK	22 BREAKFAST BURRITO/ MUFFIN FRUIT & JUICE MILK GRILLED TILAPIA WITH LEMON/PEPPER CRISPY OVEN ROASTED POTATOES FRUIT & MILK	23 PANCAKE & EGG / CEREAL FRUIT & JUICE MILK ORANGE CHICKEN & ASIAN RICE MIXED VEGETABLES FRUIT & MILK	24 EGG CHEESE & SAUSAGE SANDWICH / MUFFIN FRUIT & JUICE MILK SHREEDED PORK TACOS CORN FRUIT & MILK	25
28 FALL BREAK	29 FALL BREAK	30 FALL BREAK	<i>Second line option-Mondays & Wednesdays pizza with vegetables and fruit</i> <i>Second line option-Tuesdays & Thursday's burger or sandwich with vegetables and fruit</i> <i>A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.</i>	