

2022 OCTOBER 2022

Santa Cruz Valley Union High School



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
*Second line option-Mondays & Wednesdays pizza with vegetables and fruit *Second line option-Tuesdays & Thursday's burger or sandwich with vegetables and fruit A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.						1		2	
						FALL BREAK			
5		6		7		8		9	
FALL BREAK		FALL BREAK		FALL BREAK		FALL BREAK			
12		13		14		15		16	
MINI WAFFLES / CEREAL FRUIT & JUICE MILK SHREDDED PORK NACHOS CORN FRUIT & MILK		PANCAKES & SAUSAGE/ MUFFIN FRUIT & JUICE MILK CORN DOGS BAKED BEANS FRUIT & MILK		BREAKFAST TORNADOS/ MUFFIN FRUIT & JUICE MILK CHICKEN NUGGETS CARROTS/DINNER ROLL FRUIT & MILK		BREAKFAST BURRITO/ MUFFIN FRUIT & JUICE MILK CHILLI CHEESE FRITOS CORN BREAD FRUIT & MILK			
19		20		21		22		23	
YOGURT & GRANOLA / MUFFIN FRUIT & JUICE/ MILK MAC & CHEESE DINNER ROLL BROCCOLI FRUIT & MILK		SCRAMBLED EGG & TOAST / CEREAL FRUIT & JUICE/MILK CHICKEN SOFT TACO RICE/BEANS FRUIT & MILK		CEREAL BAR / MUFFIN FRUIT & JUICE MILK BAKED CHICKEN MASHED POTATOES DINNER ROLL FRUIT & MILK		POPTARTS / MUFFIN FRUIT & JUICE MILK CHILI & CHEESE DOGS FRIES FRUIT & MILK			
26		27		28		29		30	
QUESADILLA/ MUFFIN FRUIT & JUICE MILK SPICY CHICKEN TENDERS BROCCOLI FRUIT & MILK		BISCUITS & GRAVY / CEREAL FRUIT & JUICE MILK GROUND BEEF HARD TACOS CORN / RICE FRUIT & MILK		BREAKFAST BAR / MUFFIN FRUIT & JUICE MILK ORANGE CHICKEN & RICE BROCCOLI FRUIT & MILK		CEREAL / MUFFIN FRUIT & JUICE MILK BBQ RIB SANDWICH FRIES FRUIT & MILK			