

AUGUST

SANTA CRUZ VALLEY UNION HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 MUFFIN / CEREAL FRUIT & JUICE MILK CHICKEN NUGGETS WHOLE GRAIN CRACKERS FRIES FRUIT & MILK	4 BISCUITS & GRAVY / CEREAL FRUIT & JUICE MILK BEAN & CHEESE GORDITAS CORN FRUIT & MILK	5 YOGURT / CEREAL FRUIT & JUICE MILK UNCRUSTABLES PB & J SANDWICH FRESH VEGETABLES FRUIT & MILK	6 COFFEE CAKE / MUFFIN FRUIT & JUICE MILK CHICKEN ALFREDO BREAD STICK BROCCOLI FRUIT & MILK	7
10 MUFFIN / CEREAL FRUIT & JUICE MILK CHILI CHEESE FRITOS CORN FRUIT & MILK	11 BREAKFAST BAR / CEREAL FRUIT & JUICE MILK RED CHILI PLATE REFRIED BEANS / TORTILLA FRUIT & MILK	12 BREAKFAST TORNADOS / CEREAL FRUIT & JUICE MILK SLOPPY JOE BAKED FRIES FRUIT & MILK	13 EGG CHEESE & SAUSAGE SANDWICH / MUFFIN FRUIT & JUICE MILK SRIRACHA CHICKEN WRAP WHOLE GRAIN CRACKERS FRESH VEGETABLES FRUIT & MILK	14
17 FRUDEL / CEREAL FRUIT & JUICE MILK CRISPY TACOS REFRIED BEANS FRUIT & MILK	18 YOGURT & GRANOLA / MUFFIN FRUIT & JUICE MILK CHICKEN NUGGETS DINNER ROLL BROCCOLI FRUIT & MILK	19 FRENCH TOAST / CEREAL FRUIT & JUICE MILK SPAGHETTI WITH MEAT SAUCE DINNER ROLL GREEN BEANS FRUIT & MILK	20 EGG WITH CHORIZO & TORTILLA CEREAL FRUIT & JUICE MILK MAC & CHEESE DINNER ROLL BROCCOLI FRUIT & MILK	21
24 GRILLED BREAKFAST SANDWICH CEREAL FRUIT & JUICE MILK SPICY CHICKEN TENDERS WHOLE GRAIN CRACKERS BAKED FRIES FRUIT & MILK	25 MUFFIN / CEREAL FRUIT & JUICE MILK CORN DOG BAKED FRIES FRUIT & MILK	26 BREAKFAST BAR / CEREAL FRUIT & JUICE MILK TUNA OR TURKEY SUB SANDWICHES FRESH VEGETABLES FRUIT & MILK	27 PANCAKE & EGG / CEREAL FRUIT & JUICE MILK ORANGE CHICKEN ASIAN RICE MIXED VEGETABLES FRUIT & MILK	28
31 MUFFIN / CEREAL FRUIT & JUICE MILK BEEFY NACHOS WHOLE BAKED BEANS FRUIT & MILK	Second line option-Mondays & Wednesdays pizza with vegetables and fruit Second line option-Tuesdays & Thursday's burger or sandwich with vegetables and fruit A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.			