West Oso Independent School District

5350 Bear Lane
Corpus Christi, Texas 78405

Notice of Regular Meeting and Agenda

West Oso ISD
School Health Advisory Council Committee

Meeting Date, Time, and Location

A Regular Meeting of the West Oso ISD School Health Advisory Council Committee will be held on **Tuesday, November 17, 2026** at the West Oso ISD Administration Building Board Room, 5350 Bear Lane, Corpus Christi, Texas 78405 beginning at 4:30 pm.

An electronic copy of the agenda may be viewed at www.westosoisd.net under the West Oso ISD Student Health tab. Minutes of the meeting will be available for viewing on the District's website. A copy of this notice will also be displayed at each West Oso ISD campus.

The subjects to be discussed or considered or upon which any formal action may be taken are as listed below. Items do not have to be taken in the order shown on this meeting notice. This public notice is provided pursuant to the Texas Open Meetings Act, Government Code, Chapter 551.

AGENDA

1. Call to Order and Verification that a Quorum is Present – Ms. RJ Alvarado, WOISD SHAC Committee Co-Chair and Ms. Michelle Avalos, SHAC Committee Co-Chair

2. Audience – Ms. RJ Alvarado, WOISD SHAC Co-Chair

3. Welcome/Introductions of SHAC Committee Co-Chairs
    a. Ms. RJ Alvarado, SHAC Committee Co-Chair
    b. Ms. Michelle Avalos, SHAC Committee Co-Chair

4. Presentation: Texas School Health Advisory Committee Draft Resolution- Mrs. RJ Alvarado, WOISD SHAC Co-Chair

5. Presentation: WOISD School Health Advisory Newsletter Mrs. RJ Alvarado, WOISD SHAC Co-Chair

6. Presentation: Social Media and Youth Mental Health, US Surgeon's Report 2023- Mrs. RJ Alvarado, WOISD SHAC Co-Chair