



WEST OSO INDEPENDENT SCHOOL DISTRICT

5350 BEAR LANE
CORPUS CHRISTI, TEXAS 78405

Notice of Regular Meeting and Agenda

West Oso ISD School Health Advisory Council Committee

Meeting Date, Time, and Location

A Regular Meeting of the West Oso ISD School Health Advisory Council Committee will be held on **Monday, May 4 2026** at the West Oso ISD Administration Building Board Room, 5350 Bear Lane, Corpus Christi, Texas 78405 beginning at 4:30 pm.

An electronic copy of the agenda may be viewed at www.westosoid.net under the West Oso ISD Student Health tab. Minutes of the meeting will be available for viewing on the District's website. A copy of this notice will also be displayed at each West Oso ISD campus.

The subjects to be discussed or considered or upon which any formal action may be taken are as listed below. Items do not have to be taken in the order shown on this meeting notice. This public notice is provided pursuant to the Texas Open Meetings Act, Government Code, Chapter 551.

AGENDA

1. Call to Order and Verification that a Quorum is Present – Ms. RJ Alvarado, WOISD SHAC Committee Co-Chair and Ms. Michelle Avalos, SHAC Committee Co-Chair
2. Pledge of Allegiance – Ms. RJ Alvarado, WOISD SHAC Co-Chair & Ms. Michelle Avalos, SHAC Committee Co-Chair
3. Audience – Ms. RJ Alvarado, WOISD SHAC Co-Chair
4. Welcome/Introductions of SHAC Committee Co-Chairs
 - a. Ms. RJ Alvarado, SHAC Committee Co-Chair
 - b. Ms. Michelle Avalos, SHAC Committee Co-Chair
5. Subcommittee Updates/Discussion Issues
Descriptions of subcommittees and signing up for subcommittee work- Mrs. RJ Alvarado, WOISD SHAC Co-Chair
 - a. *Mental Health*
 - b. *Physical Fitness*
 - c. *Needs Assessment*
 - d. *Wellness Program/Drug Prevention*
 - e. *Safety and Security*
6. Human Trafficking- Mr. Gilbert Casas, CCRTA
7. Adjournment

Minutes

The West Oso ISD School Health Advisory Committee (SHAC) met on Monday, May 4, 2026. Mrs. RJ Alvarado, Executive Director of Safety, Security, and Student Services, called the meeting to order at 4:30 p.m. She introduced Mr. Gilberto Casas, a CCRTA investigator, to the committee.

Mr. Casas and his team delivered a detailed presentation on human trafficking, including how traffickers may use buses to transport individuals. The presentation covered the definition of human trafficking, current statistics, and common warning signs of trafficking. Following the presentation, the WOISD SHAC Committee decided that all students in grades 5–12 will attend a human trafficking awareness presentation during the fall of 2026.

Mrs. Alvarado also invited the CCRTA team to join the WOISD Safety and Security Committee for the 2026–2027 school year.

Mrs. Alvarado adjourned the meeting at 5:30 p.m.