

October 2026

**EAT SMART
BE SMART**



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
Chicken & Mashed
Potato Bowl with Roll

Mashed Potatoes w/ Gravy

2
Cheese Pizza

Oven Fries

Daily Offerings: Breadstick Dipper Craveable , Fresh Salads w/ Dinner Roll

5
Chicken Nuggets with Roll

Steamed Carrots

6
Walking Tacos

Golden Corn

7
Cheeseburger

Baked Beans

8
Toasted Cheese
Sandwich

Tomato Soup

9
French Bread Pizza

Sweet Potato Fries

Daily Offerings: Yogurt Craveable , Fresh Salads w/ Dinner Roll

12
Corn Dog

Steamed Peas

13
Nacho Grande

Steamed Corn

14
Asian Sesame Chicken
over Rice

Steamed Broccoli

15
BBQ Rib Sandwich

Mixed Vegetable

16
Early Dismissal

Max Pizza Sticks
with Dipping Sauce

Curly Fries

Daily Offerings: Nachos Craveable , Fresh Salads w/ Dinner Roll

19
Pasta with Meat Sauce

Green Beans

20
Beef Soft Tacos

Golden Corn

21
Chicken Patty on a Bun

Glazed Carrots

22
Mac and Cheese
w/ Buffalo Chicken

Stewed Tomatoes

23
Pepperoni Pizza

Oven Fries

Daily Offerings: Super Fruit Craveable , Fresh Salads w/ Dinner Roll

26
Breaded Chicken Tenders with
Mini Waffles

Mixed Vegetable

27
Walking Taco
with Pretzel Stick

Golden Corn

28
Chicken Bacon Ranch
Flatbread

Steamed Broccoli

29
Cowboy Burger

Steamed Pea

30
Early Dismissal

Cheesy Pizza

Crinkle Fries

Daily Offerings: Pizza Craveable , Fresh Salads w/ Dinner Roll

MAKE IT A MEAL!

Choose at least 3 of 5 meal components for the school lunch price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Lunch Prices

Student \$2.15
Adult \$5.01

Available Daily

Fresh Entrée Salad of the Week
Craveables
[Weekly Cold Cut Sandwiches & Wraps]

Fruit & Veggie Selection

Seasonal Fresh Fruits, Canned Fruit in Light Syrup, 100% Fruit Juice
Students may choose two ½ cup servings.

Milk Selection

1% White, Fat Free Chocolate, Fat Free Strawberry

Your Dining Services Team

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