

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|---|--|
| Hamburger/ Cheeseburger | BBQ Rib Sandwich | Spicy Chicken Sandwich | Chicken Patty | Hamburger/Cheeseburger |
| 2 | 3 | 4 | 5 | 6 |
| Chicken Nuggets with Buttered Noodles | Beef Soft Tacos with Salsa | Popcorn Chicken Bowl | Buffalo Chicken Flatbread | Pierogies w/ Dinner Roll |
| FEATURED VEGGIES Mixed Vegetable | FEATURED VEGGIES Steamed Golden Corn | FEATURED VEGGIES Steamed Broccoli | FEATURED VEGGIES Steamed Garden Peas | FEATURED VEGGIES Steamed Carrots |
| Chicken Patty | BBQ Rib Sandwich | Spicy Chicken Sandwich | Chicken Patty | Hamburger/Cheeseburger |
| 9 | 10 | 11 | 12 | 13 |
| Pork BBQ Sandwich | Homemade Macaroni & Cheese | Hot Ham & Cheese Pretzel Melt | Bacon Cheeseburger with J. Clarke's Grill Sauce | Italian Dunkers with Marinara |
| FEATURED VEGGIES Mixed Vegetables | FEATURED VEGGIES Steamed Broccoli | FEATURED VEGGIES Sweet Potato Fries | FEATURED VEGGIES Crinkle Cut Oven Fries | FEATURED VEGGIES Steamed Green Beans |
| Chicken Patty | Spicy Chicken Sandwich | BBQ Rib Sandwich | Chicken Patty | Hamburger/Cheeseburger |
| 16 | 17 | 18 | 19 | 20 |
| Crispy General Tso's Chicken over White Rice | Nachos Grande | Chicken Bacon Ranch Sandwich | EARLY DISMISSAL French Toast w/ Sausage Patty | NO SCHOOL |
| FEATURED VEGGIES Steamed Broccoli | FEATURED VEGGIES Golden Corn | FEATURED VEGGIES Ranchero Carrots | FEATURED VEGGIES Tri Tator Hashbrown | |
| Chicken Patty | BBQ Rib Sandwich | Spicy Chicken Sandwich | Chicken Patty | Hamburger/Cheeseburger |
| 23 | 24 | 25 | 26 | 27 |
| Italian Meatball & Cheese on a Bun | Chicken Fajitas w/ Pepper & Onion | Cowboy Burger | Baked Potato Bar | Cheese Ravioli w/ Garlic Bread |
| FEATURED VEGGIES Green Beans | FEATURED VEGGIES Sweet Chili Brussels | FEATURED VEGGIES Curly Fries | FEATURED VEGGIES Broccoli | FEATURED VEGGIES Oven Roast Zucchini |
| Chicken Patty | BBQ Rib Sandwich | Spicy Chicken Sandwich | Chicken Patty | Hamburger/Cheeseburger |
| 30 | 31 | | | |
| Cheeseburger Tater Tot Bowl | Burrito Bowls | | | |
| FEATURED VEGGIES Tater Tots | FEATURED VEGGIES Golden Corn | | | |

What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free chocolate,, fat-free strawberry

Daily Alternates

Fresh Entree Salad of the Week
Craveables
Weekly Cold Cut Sandwiches & Wraps

Your Team

Kaitlin Hannigan, General Manager
P: 570.255.2799
ma1124@metzcorp.com

Meal Prices

| | |
|---------------|--------|
| Student Lunch | \$2.25 |
| Reduced Lunch | \$0.00 |
| Faculty Lunch | \$4.85 |



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

