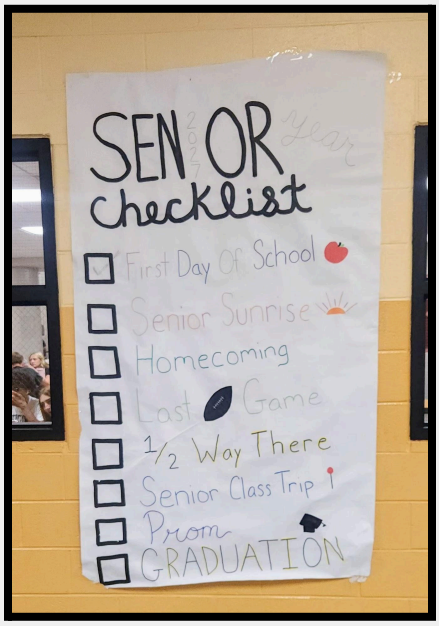
Friday 10/9/26 Lake - Lehman Volume 5 Edition I

KNIGHTLIFE

In this edition...

Page 2 - Interview with a new/old Knight
Page 4- Senior Sunrise
Page 5-6 Fall Athletics
Page 7-8 -Club Corner
Page 9-Ads and Posters







Back to School 2026!





Welcome Back to the Classroom, Miss Shook

Sawyer Walsh - Sophomore



1. When did you graduate from Lake-Lehman?
"I graduated from Lake-Lehman in 2021."

2. What were you involved in as a student?
"I was a big athlete. I was captain of the lacrosse team, I played soccer, and I was part of the Yearbook Club. I really loved and enjoyed being involved in sports."

3. Who inspired you to become a teacher?
"Mrs. Woronko and Doc.G, and some of my family members, have inspired me to become a teacher."

4. Why did you choose ELA?
"I chose ELA because I love literature and understanding why an author wrote something, and having students understand the passion I have for reading."

5. What is your favorite read?
"I really enjoyed reading the Audussy because I love history and literature."

6. We at Knightlife congratulate you on Coach of the Year. What does that honor mean to you?
"It's kind of a full circle moment. I love being with the girls and we had such a good group this past year and I just enjoyed all of the fun times and wins, and even losses."

7. Is there pressure to repeat as Coach of The Year, or to get better?
"There is only a little bit of pressure, but the program is getting better and the girls have higher standards and expectations so I'm prepared and excited to see the girls improve."

8. Who are your role models? (coaches, teachers, people)
"Definitely my parents because they have supported me and the decisions I've made and have always been there for me. Other role models I have are Mr. Gorski and Mrs. Ferentino. I had this one college head coach at Misericordia who really helped me understand and have a passion to coach, her name was Nicole Hinkle."

9. What does free time look like for Miss Shook?
"I really like to fish when I get a chance and I love to be outdoors. I enjoy going to the movies and I'm really into fitness. When I'm not overly busy or during the summer, I like to read and write."

10. Words of wisdom from a former graduate?
"I think not taking high school so seriously and being too hard on yourself is very necessary, make sure you just LIVE IN THE [illegible] fun, and make so many memories."

Good Morning - Senior Sunrise

Sawyer Walsh, Sophomore

What started as a tradition in 2024 for Lake-Lehman Seniors, continued on September 8th. The senior class greeted the new school year with the symbolic Senior Sunrise. Members of the senior class enjoyed this fun event. Lake-Lehman is hoping to keep this event going as a traditio at Lake-Lehman!





















Cheerleading
Mark your calendar

UKnighted for a Cause Cheer Competition will be held Oct 17. Half of the proceeds benefit - a local preschool teacher, Lake-Lehman senior mom and friend to our community, Romayne Montross who battles cancer.



Friday KNIGHT Lights

The Lake-Lehman Football team has a new coaching staff and new attitude. The Knights have victories over Mid Valley Spartans and a come from behind win last week at Hanover. The team takes on Nanticoke for homecoming and Dallas for the Old Shoe next Friday. Their current record is 3-3.



LLFH

The field hockey team shooting for the goal this season with a competitive schedule fille with Wyoming Valley Conference rivals.
Lead by Mrs Lipski as head coach, the team is currently lead by seniors Gierria Kirkutis, Kate Hynick, Alexa Thompson, Gianna DeCesaris, Sara Womach and Hannah Sell.

L-L Boy Soccer Positioned for Playoffs

Brody Moses- Freshmen

The JV/Varsity soccer team is coached by Ricky Bartolini and assistant coaches Ricky Wooditch and Kyle Greenwood. Captains of the team are Kolby Shook, Miller Mattie, and Brady Windsor. Seniors on the team are Noah Corcoran, Mikey Phillips, Trevor Sciandra, Bodhi Cronin, Finn Cronin, Miller Mattie, and Brady Windsor. The current game record is 8-3 overall and 6-1 in the conference. Huge game is Saturday at home 1:00 P.M. versus Wyoming Seminary.

LL Girls Soccer

The Lake-Lehman Lady Knights Soccer Team is off to a strong start this season with a 2-1 record and plenty of excitement surrounding the team. After putting in the work all summer, the Lady Knights have come ready to compete under head coach Kelly Adamshick and assistant coaches Paul Callahan, Shoshana Mahoney, and Emily Smith. The team is led on the field by senior captains Ava Blazes, Betsy DiGiovanni, and Grace Martin. This year's roster also features a talented group of freshmen who are stepping up and making an impact. Junior Kinley Purdy is closing in on an incredible career milestone of 100 goals and was recently named WBRE Athlete of the Week. WBRE also featured Kinley in a special segment, interviewing her along with Betsy and Coach Kelly about Kinley's accomplishments and the Lady Knights' season.

The excitement continues Saturday, September 19th, when they take on Dallas in the first annual *Battle for the Ball* game. With a mix of experienced leaders and promising young players, there is plenty to look forward to this fall. Come out, show your support, and cheer on the Lady Knights for a great season!



Cross Country Miles Apart

With the 2026 season starting up your lake lehman cross country team is doing amazing with Coach Sobocinski. The teams are led by captains Betsy DiGiovanni, Faith Caldwalder, Finn Cronin, Julian Recinos, and Bodhi Cronin. Currently the boys team is 6-3 and Girls are 8-1. The seniors include Ella Aritz, Ava Blazes, Faith Caldwalder, Betsy Digiovanni, Grace Martin, Bodhi Cronin, Finn Cronin and Julian Recinos. On Thursday, October 1st they have the Paul Short Invitational with a ton of great competition up at Lehigh University. They also have a home meet coming up on the 7th. Make sure to come out and support!!

Junior High Cross Country

Camryn Ferkel

Our Lake-Lehman Jr.High Cross Country team is doing amazing. The boys Cross Country team is 4-0. They have not lost a meet so far in this season. The girls Cross Country team is 3-1. They have won 3 out of the 4 meets so far in this season.

Two of our top runners this season are Brayer Stanley and Ryder Adamshick. The team still has three more meets with Champs on the way. Good Luck To The Whole Team.



Marching On!

The Lake-Lehman Marching Black Knights is proud to present their 2026 production entitled "Through the Fire and Flames." The show's unifying thread is inspired by music of "The Firebird" by Stravinsky.

Seniors:

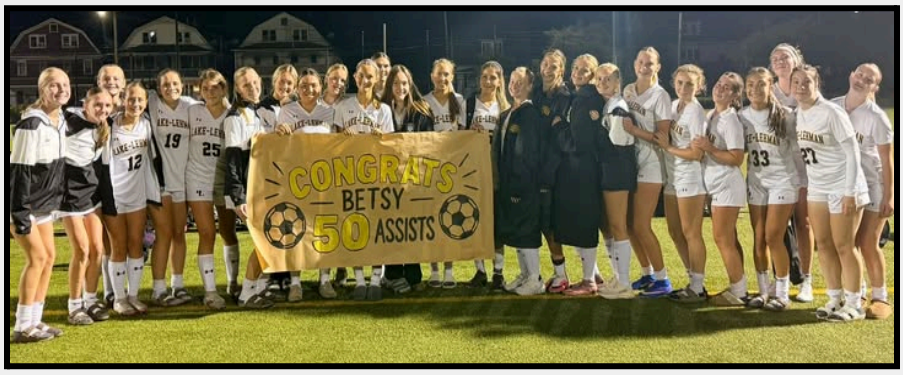
Adeline Morgan - Baritone
Dan Armbruster - Snare Drum
Trista Vogan - Colorguard
Rylee McGuire - Colorguard
Amelia Brown - Colorguard
Avery Goss - Colorguard



Sports Milestones

Congratulations to the following athletes on their milestone achievements:

Kinley Purdy - 100 Goals
Betsy DiGiovanni - 50 Assists
GiGi Kirkutis - 250 Goal Saves







Club Corner

Interact Club

President - Campbell Yanuzzi
Vice President - Sophia Tomasino
Secretary - Ari Kazimi
Treasurer - Mason Ronczka
Publicity Officers - Brynna Park and Owen Josuweit
Our faculty advisor is Mrs. Honeywell!
Rotary Advisor is Mr. John Doerfler

Returning and new members welcome! We are a service based club that strives to donate money, time, and talent to better the world we live through the power of youth engagement. Service Above Self
Mlfvpekm- Classroom Code

The Interact Club has been very busy in the new school year. Starting with a club drive in September to promote the various clubs and organizations we offer at Lake-Lehman Junior Senior High School.
In addition, the club donated a raffle basket to the Big Brothers and Big Sister Organization in hopes of generating revenue for the nonprofit.

They distributed free flags at the Veterans Appreciation Game on 9/11.

On 9/25, they distributed free children's book to faculty and staff in honor of Dolly Parton on 9 to 5 day.

On OCt 3 They club gave out free Neon bracelets at Homecoming. Future plans include volunteering at CEO on the 13th and a joint meeting with our parent Club on Oct 15. An Oktoberfest celebration is scheduled to prompt German Heritage later this month.

Key Club

Key Club is a student led organization that provides opportunities to volunteer and build friendships within the community. We meet every Thursday in Mrs. Pryor's room 3:00-3:30. Join our google classroom hesxlrt
President - Julia Sarmonis
Vice President- Caleigh Carr
Treasurer- Lassy Jesso
Secretary Ashtun Pimm
The Key Club made cards for first responders, worked the Dallas Kiwanis goldfish stand at the Luzerne County Fair and hosted a bake sale. In October they will help with the Dallas Kiwanis Halloween Parade and look forward to planning a pumpkin decorating contest.

Yearbook

Lake-Lehman Senior High Yearbook is looking for staff. If you would still like to join for more information see Mr. Simko. Also, if you have any pictures you would like to submit to the yearbook, please email them to lakelehmanyearbook@gmail.com. Follow us on instagram at ll_yearbook!

Knightlife Newspaper

The google classroom code for this year is fpstvf6

Knightlife needs all hand on deck this year. Not only do we need writers, but we also need photographers. This club is offered for grades 7-12 so invite your friends to join the google classroom to see what this club has to offer. Questions?, follow our Instagram @knightlife_newspaper or email us at knightlife@llsd.org

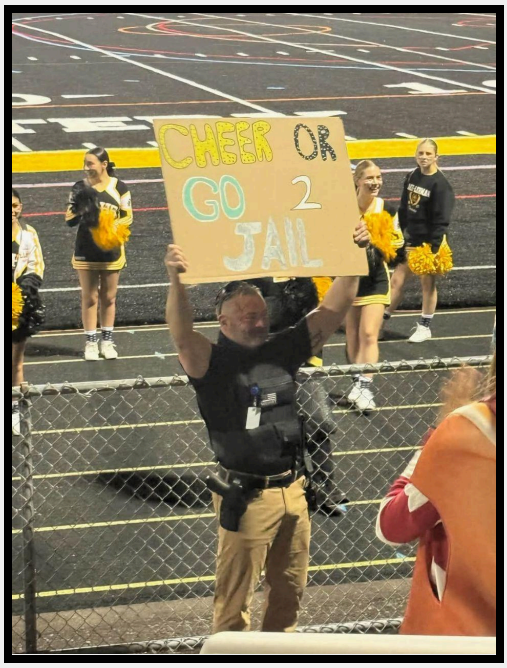
Student Council

The Student Council did their first bake sale and they are doing a pink out day for breast cancer awareness on Oct 13. Anyone who wears pink will be entered into a drawing for a Starbucks gift card at lunch.

A 9-12 grade Halloween assembly is planned with costumes and Family Feud. Halloween Candy Grams will be sold at the end of the month.

The SADD Club had members walk in the "Out of the Darkness" Sucide Awareness walk.

They encouraged all to wear blue Oct 5 to Stomp out Bullying. Later in the month they will host a bake sale and Red Ribbon Week.



MEME THIS Contest:
What would you caption this picture?
Submit to knightlife@llsd.org

Knightlife

Editor and Chief - Sawyer Walsh
Photographer - Addisyn Richards
Writers- Brody Moses, Camryn Ferkel
Advisor- Mrs Honeywell

Lake-Lehman Community

