


Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
2 Chefs Choice Assorted Cereals or Cereal Bar with Graham Crackers	3 Chefs Choice Assorted Cereals or Cereal Bar with Graham Crackers	4 Chefs Choice Assorted Cereals or Cereal Bar with Graham Crackers	5 Chefs Choice Assorted Cereals or Cereal Bar with Graham Crackers	6 	<p>What is a Meal? Students must choose at least 3 of the 4 components available for the school breakfast price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.</p> <p>Whole Grain Cereals (served with toast) Cinnamon Toast Crunch, Trix, Cocoa Puffs, Fruity Cheerios, Rice Crunch, Kix, Cheerios, Froot Loops, Frosted Flakes</p> <p>Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Choice of Milk 1% white, fat-free white, chocolate,</p>
9	10	11	12	13	
17	18	19	20	21	
23	24	25	26	27	
30					
<p>Your Team Kaitlin Hannigan, General Manager 570.675.7458 ext. 2799 ma1124@metzcorp.com</p>			<p>Meal Prices Student Breakfast \$0.00 Reduced Breakfast \$0.00 Faculty Breakfast \$3.50</p>		

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

