

Monday	Tuesday	Wednesday	Thursday	Friday	What is a Meal?						
Chicken Patty	BBQ Rib Sandwich	Spicy Chicken Sandwich	Chicken Patty	Hamburger/Cheeseburger	<p>Students must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk <p>A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable lunch.</p>						
29	30	31	1 No School	2 No School							
Chicken Patty	BBQ Rib Sandwich	Spicy Chicken Sandwich	Chicken Patty	Hamburger/Cheeseburger	<p>Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables</p> <p>Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Choice of Milk 1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry</p>						
5 Cheeseburger Tater Tot Bowl	6 Buffalo Chicken Dip with Tortilla Chips	7 Dip & Dust Wings with Garlic Knot	8 Sausage & Pepper Sandwich	9 Sesame Chicken with over Fried Rice							
FEATURED VEGGIES Tater Tots	FEATURED VEGGIES Golden Corn	FEATURED VEGGIES Mixed Veggies	FEATURED VEGGIES Sidewinder Fries	FEATURED VEGGIES Broccoli							
Chicken Patty	BBQ Rib Sandwich	Spicy Chicken Sandwich	Chicken Patty	Hamburger/Cheeseburger							
12 Hand-Rolled Meatballs with Garlic Knot Spaghetti Marinara	13 Beef or Chicken Nachos Grande	14 Baked Beef & Sausage over Penne	15 Popcorn Chicken Bowl	16 French Toast Stick w/ Sausage Patty Early Dismissal							
FEATURED VEGGIES Mixed Veggies	FEATURED VEGGIES Golden Corn	FEATURED VEGGIES Steamed Peas	FEATURED VEGGIES Mashed Potatoes	FEATURED VEGGIES Tri Tater Hash Brown							
Chicken Patty	BBQ Rib Sandwich	Spicy Chicken Sandwich	Chicken Patty	Hamburger/Cheeseburger							
19 No School	20 Nashville Chicken Sandwich	21 Smoky Chili with Warm Cornbread	22 Turkey & Provolone Sub	23 Jacked Up Fries							
FEATURED VEGGIES	FEATURED VEGGIES Golden Corn	FEATURED VEGGIES Roasted Cauliflower	FEATURED VEGGIES Steamed Peas	FEATURED VEGGIES Waffle Fries							
Chicken Patty	BBQ Rib Sandwich	Spicy Chicken Sandwich	Chicken Patty	Hamburger/Cheeseburger							
26 Chicken & Waffles	27 Cheesesteak Hoagie	28 Hot Ham & Cheese Pretzel Melt	29 Build-Your-Own Burger	30 Italian Dunkers with Marinara							
FEATURED VEGGIES Green Beans	FEATURED VEGGIES Crinkle Cut Oven Fries	FEATURED VEGGIES Mixed Vegetables	FEATURED VEGGIES BBQ Baked Beans	FEATURED VEGGIES Brussel Sprouts							
<p>Your Team Kaitlin Hannigan, General Manager 570.675.7458 ext. 2799 ma1124@metzcorp.com</p> <p>Meal Prices</p> <table> <tr> <td>Student Lunch</td> <td>\$2.25</td> </tr> <tr> <td>Reduced Lunch</td> <td>\$0.00</td> </tr> <tr> <td>Faculty Lunch</td> <td>\$4.85</td> </tr> </table>					Student Lunch	\$2.25	Reduced Lunch	\$0.00	Faculty Lunch	\$4.85	 
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Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

