

**School District Name**  
Lake Lehman School District

# January 2026



**Meet Your Nutritious Friend:**  
**Brown Rice Besties**

Monday	Tuesday	Wednesday	Thursday	Friday	<b>What is a Meal?</b>  Students must choose at least 3 of the 5 components available for the school lunch price.  - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk  A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.  <b>Choice of Vegetable</b> Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables  <b>Choice of Fruit</b> Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice  <b>Choice of Milk</b> 1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry  <b>Daily Alternates</b> Fresh Entree Salad of the Week Craveables Weekly Cold Cut Sandwiches & Wraps
29	30	31	1	2	
			No School	No School	
5	6	7	8	9	
Fish Sticks or Pot Stickers  <b>FEATURED VEGGIES</b> Mixed Vegetable	Chicken & Cheese Quesadilla  <b>FEATURED VEGGIES</b> Golden Corn	Asian Sesame Chicken over Rice  <b>FEATURED VEGGIES</b> Steamed Broccoli	Toasted Cheese  <b>FEATURED VEGGIES</b> Tomato Soup	Cheese Pizza Crunchers with Dipping Sauce  <b>FEATURED VEGGIES</b> Oven Roasted Zucchini	
12	13	14	15	16	
Chicken Nuggets with Roll  <b>FEATURED VEGGIES</b> Tater Tots	Beef Soft Tacos  <b>FEATURED VEGGIES</b> Golden Corn	Chicken Patty on a Bun  <b>FEATURED VEGGIES</b> Glazed Carrots	Corn Dog  <b>FEATURED VEGGIES</b> Curly Fries	French toast Sticks w/ Sausage patty <b>Early Dismissal</b>  <b>FEATURED VEGGIES</b> Tri Tater Hash browns	
19	20	21	22	23	
No School	Walking Taco with Pretzel Stick  <b>FEATURED VEGGIES</b> Golden Corn	Cheesesteak on a Roll  <b>FEATURED VEGGIES</b> Ranchero Carrots	Meat sauce over Penne  <b>FEATURED VEGGIES</b> Broccoli	Stuffed Crust Pizza  <b>FEATURED VEGGIES</b> Steamed Peas	
26	27	28	29	30	
Cheeseburger on a Bun  <b>FEATURED VEGGIES</b> Steamed Broccoli	Nachos Grande  <b>FEATURED VEGGIES</b> Golden Corn	Chicken & Gravy over Biscuits  <b>FEATURED VEGGIES</b> Carrots	Macaroni & Cheese  <b>FEATURED VEGGIES</b> Stewed Tomatoes	Cheese Pizza  <b>FEATURED VEGGIES</b> Steamed Green Beans	

## Your Team

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## Meal Prices

Student Lunch	\$2.15
Reduced Lunch	\$0.00
Faculty Lunch	\$4.85



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.