

School District Name
Lake Lehman School District

January 2026



Meet Your Nutritious Friend:
Brown Rice Besties

Monday	Tuesday	Wednesday	Thursday	Friday
29	30	31	1	2
			No School	No School
5	6	7	8	9
Banana Muffin Or Banana Bread Assorted Cereals or Cereal Bar with Graham Crackers	Breakfast Pizza Assorted Cereals or Cereal Bar with Graham Crackers	Egg & Cheese Croissant Assorted Cereals or Cereal Bar with Graham Crackers	Strawberry Overnight Oats Assorted Cereals or Cereal Bar with Graham Crackers	Chocolate Chip French Toast Assorted Cereals or Cereal Bar with Graham Crackers
12	13	14	15	16
Powdered Donuts Assorted Cereals or Cereal Bar with Graham Crackers	Breakfast Pizza Assorted Cereals or Cereal Bar with Graham Crackers	Bagel with Cream Cheese Assorted Cereals or Cereal Bar with Graham Crackers	French Toast Sticks with Syrup Assorted Cereals or Cereal Bar with Graham Crackers	Early Dismissal Dutch Waffle Assorted Cereals or Cereal Bar with Graham Crackers
19	20	21	22	23
No School	Breakfast Pizza Assorted Cereals or Cereal Bar with Graham Crackers	Egg, Sausage & Cheese Maple Flatbread Assorted Cereals or Cereal Bar with Graham Crackers	Blueberry Overnight Oats Assorted Cereals or Cereal Bar with Graham Crackers	Chocolate Chip French Toast Assorted Cereals or Cereal Bar with Graham Crackers
26	27	28	29	30
Mini Cinni Rolls Assorted Cereals or Cereal Bar with Graham Crackers	Breakfast Pizza Assorted Cereals or Cereal Bar with Graham Crackers	Breakfast Burrito Assorted Cereals or Cereal Bar with Graham Crackers	Strawberry Overnight Oats Assorted Cereals or Cereal Bar with Graham Crackers	French Toast Sticks with Syrup Assorted Cereals or Cereal Bar with Graham Crackers

What is a Meal?

Students must choose at least 3 of the 4 components available for the school breakfast price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Fruit or Vegetable
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.

Whole Grain Cereals (served with graham crackers)

Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms, Froot Loops, Cheerios

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry

Your Team

Kaitlin Hannigan, General Manager
570.675.7458 ext. 2799
ma1124@metzcorp.com

Meal Prices

Student Breakfast \$0.00
Reduced Breakfast \$0.00
Faculty Breakfast \$2.94

