



Meet Your Nutritious Friend:
Cheerleading Cherries

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Popcorn Chicken with Roll	Chicken & Cheese Quesadilla	Hotdog on a Roll	Chicken Patty on a Bun	Stuffed Crust Pizza
FEATURED VEGGIES Mashed Potatoes	FEATURED VEGGIES Golden Corn	FEATURED VEGGIES Baked Beans	FEATURED VEGGIES Broccoli	FEATURED VEGGIES Roasted Zucchini
9	10	11	12	13
Chicken Nuggets with Roll	Walking Tacos	Chicken Cheesesteak	Toasted Cheese Sandwich	Early Dismissal French Toast Sticks w/ Syrup
FEATURED VEGGIES Oven Fries	FEATURED VEGGIES Golden Corn	FEATURED VEGGIES Mixed Veggie	FEATURED VEGGIES Tomato Soup	FEATURED VEGGIES Tri Tatar Hash Browns
16	17	18	19	20
No School	Chicken & Cheese Quesadilla	Fish Nuggets w/ Dinner Roll	Hot Ham & Cheese on a Pretzel Roll	Cheese Pizza Crunchers with Dipping Sauce
FEATURED VEGGIES	FEATURED VEGGIES Golden Corn	FEATURED VEGGIES Steamed Broccoli	FEATURED VEGGIES Baked Beans	FEATURED VEGGIES Sidewinder fries
23	24	25	26	27
Chicken Nuggets with Roll	Beef Soft Tacos	Cheeseburger on a Bun	Corn Dog	Stuffed Crust Pizza
FEATURED VEGGIES Tater Tots	FEATURED VEGGIES Golden Corn	FEATURED VEGGIES Glazed Carrots	FEATURED VEGGIES Curly Fries	FEATURED VEGGIES Sweet Potato Fries

What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry

Daily Alternates

Fresh Entree Salad of the Week

Craveables

Weekly Cold Cut Sandwiches & Wraps

Your Team

Kaitlin Hannigan, General Manager

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Meal Prices

Student Lunch	\$2.15
Reduced Lunch	\$0.00
Faculty Lunch	\$4.85



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