

# Wellness Triennial Policy Progress Report

This form provides information on wellness policy requirements (indicated in bold) and practices used within your school. Complete this tool to track your progress and gather ideas on ways to create a healthier school environment.

District Name  District Number  Date of Evaluation

School Name  Most recent Policy review by Committee

Click All Grades PK  K  1  2  3  4  5  6  7  8  9  10  11  12

**Yes No I. Public Involvement**

**We invite the following to participate in the development, implementation, & evaluation of our wellness policy:**

Administrators       School Food Service Staff       P.E. Teachers       Parents  
 School Board Members       School Health Professionals       Students       Public

**We have a designee with the authority/responsibility to ensure each school complies with the wellness policy.**

Name  Title

**We make our wellness policy and updates available to the public annually.**

Please describe:

**We share policy implementation and progress toward our policy goals with the public once every 3 years.**

Please describe:

**Our district reviews the wellness policy for compliance/adherence to best practices at least once every 3 years.**

**Yes No II. Nutrition Guidelines**

**The wellness policy includes written nutrition guidelines for all foods/drink available during the school day.**

**We follow Federal nutrition regulations for all food/drink available for sale on campus during the school day.**

Our School Nutrition Staff attend professional development opportunities (e.g. program administration, nutrition, safety).

We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including:

as À La Carte Offerings       in School Stores       in Vending Machines       as Fundraisers (not exemptions)  
 Classroom Snacks       Student Rewards       Classroom Parties       as Fundraisers (not exemptions)

**Yes No III. Policy for Food and Beverage Marketing**

**The wellness policy permits marketing of only those foods/beverages that meet the competitive food requirements.**

Food and beverage marketing meets Smart Snack standards, including the following advertising avenues:

Signage       Scoreboards       School Stores       Cups       Vending Machines       Food Service Equip.

**Yes No IV. Nutrition Education & Promotion**

**The wellness policy includes a specific / measurable goal(s) for nutrition education using evidence-based strategies.**

We offer nutrition education to students in:  Elementary School       Middle School       High School

**Yes No V. Physical Activity**

**The wellness policy includes a specific/measurable goal(s) for physical activity using evidence-based strategies.**

<input type="checkbox"/> <input type="checkbox"/> We provide physical education for elementary students on a weekly basis.	# of Min/Wk.	<input style="width: 80px;" type="text"/>
<input type="checkbox"/> <input type="checkbox"/> We provide physical education for middle school students during a term or semester.	# of Min/Wk.	<input style="width: 80px;" type="text"/>
<input type="checkbox"/> <input type="checkbox"/> We require physical education classes for graduation (high schools only).	# Credits to graduate	<input style="width: 80px;" type="text"/>
<input type="checkbox"/> <input type="checkbox"/> We provide recess for elementary students on a daily basis.	# of Min/day	<input style="width: 80px;" type="text"/>
<input type="checkbox"/> <input type="checkbox"/> We provide opportunities for physical activity integrated throughout the day (e.g. classroom energizers, brain breaks, etc.).		

