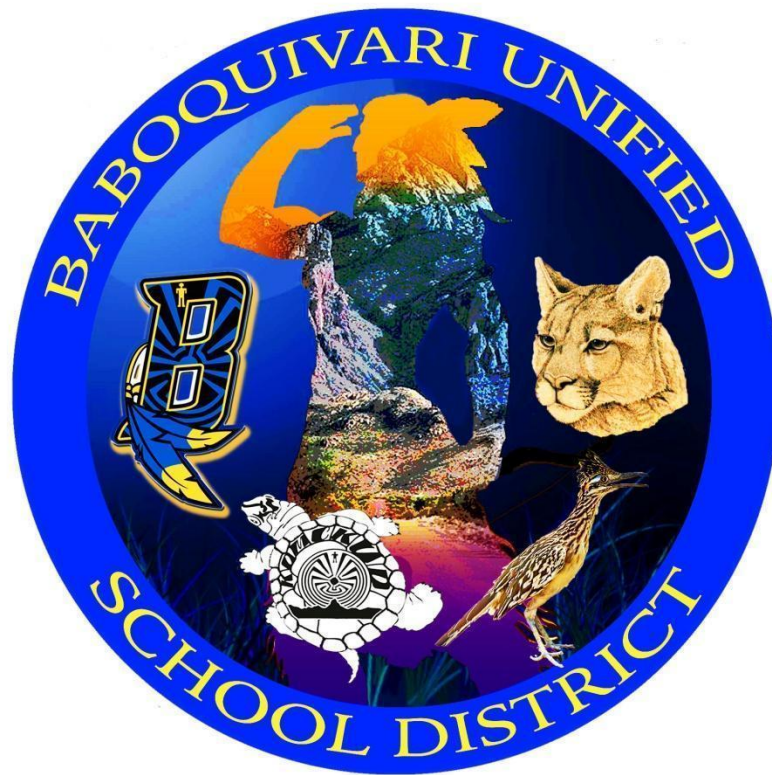


ATHLETIC AND ACTIVITIES HANDBOOK



2025 - 2026

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BUSD 40 ATHLETIC CLEARANCE REQUIREMENTS

(Signature page is on p. 26)

PARENT/GUARDIAN AND STUDENT ATHLETE NEED TO READ AND COMPLETE THE FOLLOWING:

Insurance: Each student athlete must have adequate medical insurance to participate in interscholastic athletic programs. Please provide the company name, policy number, and effective date.

Guideline for Team Participation/Try-Outs: This form must be signed by the student athlete and their parent/guardian prior to becoming athletically eligible.

Athletic Participation Fee: In order to off-set the cost associated with athletics, an athletic fee must be paid by each student athlete.

The current athletic fee to participate in athletics is \$40 per sport OR \$110 for the year (if playing fall, winter, and spring sports).

The fee must be paid during the clearance process for each sport to the Athletic Director's Office. Once the fee has been paid, the fee is non-refundable. Fees not paid will accrue. Failure to pay accrued fees may result in not participating in 8th grade promotion or High School graduation.

Assistance: Student athletes may receive assistance through JOM monies allocated by the Tohono O'odham Nation Education Department (TONED). Please contact the TONED office at (520) 383-8650 for more information.

If financial assistance through JOM, TONED, or your District is unavailable, a waiver is available upon request at the Secondary Campus.

District and State Policies (Please read and maintain a copy for your records):

- ☐ Parents and Guardians Clubs
- ☐ Protocol for Resolving Issues/Concerns
- ☐ Hazing Policy
- ☐ Equipment Policy
- ☐ Harassment Policy
- ☐ Athletic Fees (Attachment A)
- ☐ Code of Conduct for Athletes (Attachment B)
- ☐ Spectator Conduct at Athletic and Extracurricular Activities (Attachment C)
- ☐ AIA Supplemental Statement (Attachment D)
- ☐ AIA Eligibility Rules (Attachment E)

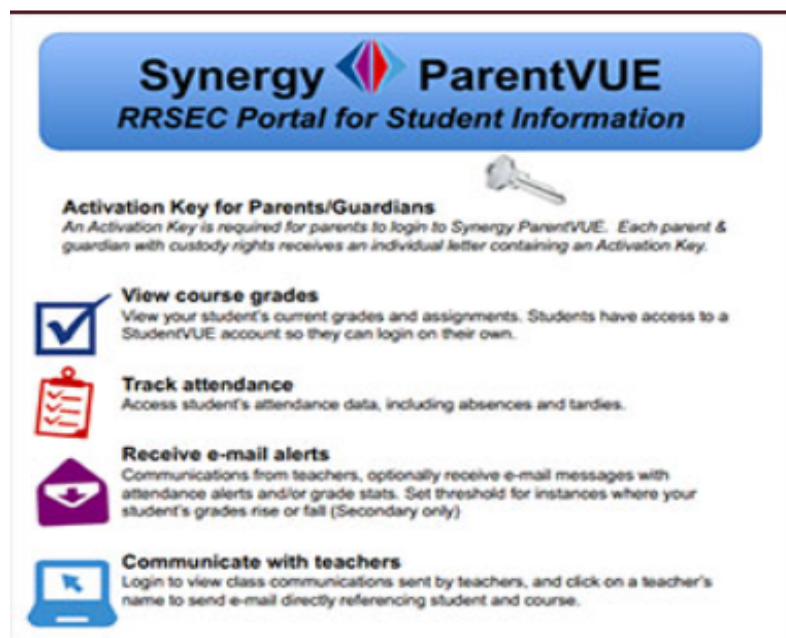
Academic Requirements: The academic policy shall apply to all students participating in athletics and extracurricular activities programs at BUSD 40.

I. Eligibility

In support of academic integrity and our belief that academics come first and extracurriculars second, the grade check criteria are as follows:

- At the beginning of the school year all athletes will be eligible for the first 4 ½ weeks. Following the 4 ½ week grace period grade checks will begin.
- Athletic Grade Checks will be run weekly. Students must have at least a D or higher in all classes to be eligible. This includes Synergy and/or Google Classroom.

- Grade Checks are run for all athletes. Anyone that has an “F” in a subject will be ineligible to play games, attend practice and/or travel that week and subsequent weeks until they do not have an “F”.
 - Communication amongst athletes is required when it comes to grades. Athletes must work with their teachers to ensure that their work is turned in prior to grade check.
 - Grade checks are performed at 3pm every Monday afternoon. They are in effect from Tuesday morning until the following Monday.
 - Only a teacher can clear an error made on a grade check. Please check with your teacher and have them email Mr. Russell concerning the error. **An error is not a student turning in work past the due date/deadline. An error is an incorrect transfer from assignment to paper rosters to online gradebooks or directly from assignment to online gradebooks.**
 - Teachers enter grades; they are the only ones that can override Synergy by written documentation.
 - If there are technical issues with a teacher entering grades, a teacher can approve/override a grade check in their class. The teacher must communicate this override directly with the AD via email only.
 - Any student that has an incident report and has been suspended is ineligible for that time period. The AP-AD Assistant will notify coaches.
 - The Principal, Athletic Director or Coaches cannot and will not override Teacher grades. There will be no exceptions made.
- If you have any questions, please do not hesitate to contact the Assistant Principal of Operations and Student Services at 520.719.1250.
- ★ Parents please be advised that you can monitor your students' grades in the ParentVue .



- A. Failure to pay fees or return equipment (uniforms, etc.) may result in not participating in 8th Grade Promotion or High School Graduation activities.

Athletic Participation: High School student-athletes participating in a team sport **MAY NOT** practice or compete in another group, club, organization, association, etc. of the same sport during the interscholastic season of competition (AIA Bylaw 14.4.1).

Physical Clearance: High school students participating in interscholastic athletics must have on file a record of physical examination. Per AIA Bylaws 15.7.1 the physical for the following year shall be given on or after March 1. The medical provider must be one of the following M.D., D.O., N.P., or PA-C **ONLY**. The Physical Form must be signed and dated by the medical provider. The parent/guardian must complete and sign the medical history section. **Please use the attached Physical form**

- a. **High School Students must** have an AIA Physical form completed and submitted to the Athletic Director or his or her designee.
- b. **Middle School Students must** provide an annual **“wellness check”** document from their healthcare provider, doctor, or Indian Health Services as the wellness check provides the equivalent of an athletic physical. The wellness check must have occurred within a year's time from participation in athletics. This document must be filed in the Athletic Director's office, or his or her designee.

Brain Book: Must be completed online by all high school athletes. Brain book is the AIA concussion education course and needs to be completed once during high school. Once completed, a certificate will be generated and the student must have the certificate printed and given to the Athletic Director or Athletic Secretary or emailed the same. www.aiaacademy.org

Consent Form: This form must be completed with the student-athlete's and parents'/guardians' current phone numbers and mailing address. This form will also be used to contact the parent/guardian in case of an emergency.

PARENTAL SUPPORT AND INVOLVEMENT

Parents and/or Guardians of our student-athletes involved in extracurricular activities are encouraged to become involved in the Parents and Guardians club. These groups are organized and run by parents and guardians with the support of the school staff. Parents and Guardians may contact the school's Athletic Director's office for additional information regarding the Parents and Guardians' Club..

ACTIVITIES FOR STUDENTS OF BUSD 40

Fall Sports

- ☐ Football (Middle and High School)
- ☐ Girls Volleyball (Middle and High School)
- ☐ Boys/Girls Cross Country (High School Only)

Winter Sports

- ☐ Boys Basketball
- ☐ Girls Basketball

Spring Sports

- ☐ Baseball
- ☐ Softball
- ☐ Boys/Girls Track and Field (High School Only)
- ☐ eSports

Multi-Season Sports

- ☐ Cheer

PARENTS/GUARDIANS CLUBS

BUSD 40 does allow for the creation and operation of a Parents and Guardians Club for each sports team to raise funds in conjunction with the student-athletes of that team. All funds raised on school grounds must be turned over to the Athletic Director or designee for deposit into general BUSD 40 account for the benefit of that particular athlete team. Funds raised can be used for any legal purpose as called upon by the students-athletes such as equipment, tournament fees, travel & lodging expenses, and food when traveling to away games.

Actions of Successful Parents and Guardians' Clubs:

- ☐ Volunteer time and raise money.
- ☐ Donate funds or goods to better enhance the club's ability to raise funds.
- ☐ Assist in printing promotional items like team schedules, programs, and game day flyers (subject to approval by the Head Coach/Advisor/AD).
- ☐ Assist in Organizing team's social events, such team meals.

END-OF-SEASON BANQUETS

The Athletic Director's Office will coordinate and facilitate the end-of-semester banquets. The head coaches of all teams will be actively involved in the preparation, coordination and operation of the end-of-season banquets. The Parents and Guardians' Club, families, and community members are strongly encouraged to be involved in the planning and preparation of the banquets.

The awards given out at the banquet are the sole responsibility of the head coach.

ATHLETIC AWARDS

Authority to Make Awards:

1. The head coach shall recommend to the Athletic Director for all individual sports awards (ex. MVP, Most Improved, etc.). The Athletic Director and coach will then review this recommendation, and awards will be given at the athletic banquet.

General Criteria for Earning an Athletic Letter (High School only):

1. Attendance at 95% of practices (unless excused by the coach) is mandatory.
2. Athletes must abide by all training rules set by the athletic department and head coach.
3. All athletes must FINISH the season in good standing.

Special Situations:

1. Cheer and Spirit Line athletes will receive the same athletic letter as other athletes.
2. Managers and statisticians will receive the same athletic letter as athletes.
3. Special situations (injured athletes, transfer students, an athlete who plays on a varsity team for three months, but does not earn an athletic letter, etc.) can receive an athletic letter based upon a recommendation from the coach and approval by the Athletic Director.

Minimum Criteria for Athletic Letters in All Sports (High School only):

1. Participation in a minimum of 80% of competition and practices along with coach's discretion

REQUIREMENTS FOR PARTICIPATION IN ARIZONA INTERSCHOLASTIC (AIA) SPORTS

Academic/Enrollment Rule

1. You must be enrolled and attending classes in your high school no later than the 14th day of the semester in order to establish eligibility.
2. If you have been enrolled in school for 15 or more days during any one semester, it will count as one of the eight semesters of high school attendance during which you may possibly have eligibility.
3. A student enrolled in four courses per day who earns one credit per semester needs to be enrolled in a minimum of three courses per day.
4. Each athlete will be required to receive a passing grade in all classes. If an athlete receives one or more failing grades, that athlete will not be allowed to participate until they receive a passing grade.

REQUIREMENTS FOR PARTICIPATION IN BUSD 40 SPORTS

Practices

1. If you are a member of a school team, you may not compete with a non-school team in the same sport during the same season.
2. If you are a member of a school team and your non-school team is with another sport you may compete as long as it does not interfere with the school team obligation.
3. You will become ineligible if you violate the above rules.

Transportation

1. BUSD 40 will provide transportation on a designated route for all students involved in extracurricular activities after the normal school day. Students riding the activity bus will be subject to all rules and regulations pertaining to school transportation.
2. Parents/guardians must **notify** the coach if they plan on transporting their student-athlete to or from an athletic event.
 - a) If the parent or guardian decides to take the student-athlete from an athletic event where a student-athlete was on the bus going to the sporting event, the parent and/or guardian must:
 - i. Inform the coach, and
 - ii. The parent/guardian must sign student-athlete out with the bus driver

Prior Sport Release

1. Every student-athlete must be released by the coach of the previous sport in which they participated. The student-athlete must also return all equipment and uniform issued to them and meet all requirements of the new sport.

General Athletic Rules

1. Student-Athletes are expected to attend practice every day unless arrangements have been made directly with the head coach or their designee of that sport or there is no practice.
 - a. An athlete **shall not** dress for or participate in a sporting event and/or practice unless they have attended school that day. Excused absences are considered as being in attendance, with written notice of the excused absence.
 - b. An unexcused absence from school automatically excludes the student-athlete from participating on that day in games and/or practices. Additionally, other sanctions may be handed out by the coach or Athletic Director.
2. Equipment checked out to an athlete must be returned or paid for prior to beginning a new season. Athletic equipment returned in good condition (allowing normal wear and tear) will be accepted.
 - a. Students will be held responsible for all athletic equipment issued to them.
 - b. Abuse of equipment: Each athlete will be held responsible for unusual abuse or loss of equipment. Normal wear and tear is expected.
 - c. School uniforms can only be worn or used in conjunction with practices, games, and as approved by the Athletic Director.

- d. Students shall turn in all athletic equipment issued to them at the end of their season of sport or upon the last day are members of the team and shall do so 24 hours of their last day.
 - e. Students shall pay for items not returned at the end of the season.
 - f. **Failure to pay fees or return equipment (uniforms, etc.) may result in NOT participating in 8th Grade Promotion or High School Graduation activities.**
3. An athlete that quits or is removed from any level team will not be allowed to participate on another team without the complete consent of both coaches involved and the Athletic Director.
 4. An athlete that is dismissed from a team will, under no circumstance, be allowed to begin practice for another sport until their original season of competition has been completed.
 5. Athletes representing the Baboquivari Unified School District will be expected to dress and groom themselves in an exemplary manner at all times during the season of practice and competition.
 6. Gang membership is defined as belonging to a group whose purpose is not socially, morally, and ethically accepted by the school and community. Gang membership is not tolerated within the athletic program.

STATEMENT OF UNDERSTANDING FOR PARTICIPANTS IN AIA ATHLETICS

The BUSD Governing Board and AIA believe that drugs and alcohol have no place in school academics and activities. Students who are in possession or under the influence of illegal drugs are subject to Board Policy JK-R Regulation - Student Discipline and Board Policy JICH - Drug and Alcohol Use by Students.

Discipline for athletes and prohibited substances:

1. Tobacco – Defined as carrying, holding, throwing away, stomping out a cigarette, etc. (Also: chewing or possessing snuff/chewing tobacco, using, or possessing vape devices and electronic cigarettes).
2. Alcoholic Beverages, Dangerous Drugs, – The possession or use of alcoholic beverages, and/or dangerous, illegal drugs is prohibited. Proven possession, sale or consumption of alcoholic beverages, illegal drugs, harmful substances (including improper use of prescription drugs) will result in the following consequences.
 - 1st Offense
 - 1 Game/Meet suspension or dismissal from team (at the discretion of the athletic director)
 - 2nd Offense
 - Student/Athlete is dismissed from the team/squad for the remainder of the season.
 - 3rd Offense
 - Student/Athlete is denied participation in athletics for the remainder of the school year. If the third offense occurs during the fourth quarter, the student will not be eligible to participate in the fall sport season the following year.

A student-athlete who sells or in any way provides drugs or alcohol to another student or student-athlete may be expelled from sports on the first offense, pending due process.

TEAM PARTICIPATION & TRYOUT GUIDELINES

1. Each sport will hold a meeting for players and parents that will outline the expectations for the season.
2. Each Head Coach will determine if try-outs will be held and shall communicate the information to potential student-athletes. If try-outs are held a potential student-athlete must participate in those try-outs in order to be considered for team membership.
 - a. Coaches will inform the student-athlete of their membership on an athletic team in person at the end of the set try-out period.
3. Team members will be selected on the basis of the coach's (coaches') evaluation of the student's skill, attitude, and contribution to the team.
4. Student-athletes and parents will receive written copies of expectations related to attendance, participation, team contribution, and attitude.
 - a. In addition, all expectations will be approved by the Athletic Director.
 - b. The expectations outlined by the head coach will be posted in appropriate areas.
5. Student-athletes are expected to fully participate in activities outlined by the coach for both in-season and out-of-season related to strength, conditioning, and in-season practice and games.
6. Student-athletes will not be able to participate with any athletic team after the set date for finalizing the roster. Exceptions to this are limited to students:
 - a. Transferring into Baboquivari HS (Transfer students must meet the same eligibility standards of all student athletes).
 - b. a family emergency or personal illness.
 - c. other extenuating circumstances deemed appropriate by the coach and Athletic Director.

****Before any exception is granted, a meeting must be held with the student-athlete and the coach-to-be prior to participating in an organized team practice or activity.**

SPORTSMANSHIP RULES, SUSPENSIONS & APPEALS

Sports are games that have rules that assure participants equality in competition. The National Federation for Interscholastic Athletic Association has designed most of these rules. BUSD40 supports the following rules of each sport and expects student-athletes and spectators to show good sportsmanship.

If an athlete is ejected from any athletic contest, he/she will miss the next contest. The ejection due to sportsmanship is an AIA rule and cannot be appealed. If an athlete feels that they have been unfairly treated, regarding any issue other than the bad sportsmanship ejection rule, he/she can appeal this decision to the Coach and the Athletic Director. It will be the decision of the Athletic Director whether to appeal the suspension to the AIA Officials Chairperson

I understand that if my behavior during an athletic contest warrants my being expelled from the contest, I will not be allowed to participate in the next athletic contest. If this action occurs a second time, I will be dismissed for the athletic program for the remainder of that season.

If an athlete receives out of school suspension, he/she will be dismissed from the team for the duration of the suspension.

PARENT PROTOCOL FOR RESOLVING ISSUES

If a parent has a concern about his/her student athlete, a set protocol should be followed in hopes of resolving the concern/issue. It should be noted that the selection of the students to be a member of a school team is the prerogative of the school (mainly the coach) and concerns/issues regarding the selection of students to be on the team can only be appealed to the Athletic Director. The protocol which parents should follow in regards to resolving a concern/issue is as follows:

1. Student athlete speaks with the Head Coach.
2. If not satisfied, parent/guardian will contact the Head Coach.
3. If not satisfied, parent/guardian will contact the Athletic Director.
4. If not satisfied, parent/guardian will contact the Principal.
5. If not satisfied, parent/guarding will contact the Superintendent who renders the final decision.

ATHLETICS/ACTIVITIES PARENT & STUDENT GUIDELINES

In advance of all overnight trips away from the school, school administrators must ensure that each parent/guardian and student has read, understands and has signed off on the following guidelines:

1. Athletic/Activities students are expected to speak and act in a responsible manner at all times while on the trip.
2. Athletic/Activities students are to be responsible from the time the transportation vehicle leaves campus until it returns.
3. Only students on the approved list submitted to BMHS administration may travel.
4. All school rules will apply during school trips.
5. Attendance will be taken prior to leaving campus and must be reported to the attendance office.
6. A ratio of 8 students to 1 adult for overnight trips and 10 to 1 for day trips is required. If male and female students are on an overnight trip, there must be at least one male and female chaperone. Students must be accompanied by BUSD adult chaperones at all times.
7. Chaperones must be certified staff/certified coaches, unless permission is granted by the Principal for an alternative chaperone who is not a certified/classified/coach..
8. Student rosters with emergency information must be shared with all chaperones and carried with each chaperone at all times.
9. If non-District transportation public (or private-anything other than a BUSD Bus or Van) is going to be used, it must be listed in the itinerary to be approved by school administration. Also, parents/guardians must be made aware of non-district transportation in advance and have the opportunity to provide alternative transportation for their student-athlete.
10. Specifics regarding pre and post-conference activities such as evening sporting events, movies, restaurant selections, etc., need to be pre-approved at least one week in advance by the school administration. Parents shall also be given the agenda along with lodging (phone number) and travel information.
11. Hotel Stays-If students are staying at a hotel, bed checks are required nightly and each morning by adult chaperones with curfews established and enforced. When room assignments are issued there will be no room switching. No boys in girls' rooms and vice versa at any time. Any student found to be in violation will be referred for disciplinary action.

Athletic/Activities students are expected to maintain school rules at all times during the trip, which includes, but is not limited to the following:

1. Students are to be in assigned seats.
2. No stereos, speakers, or electronic games are to be used without headphones.
3. Students are to use inside voices and courteous on the transportation vehicle and in the hotels/motels.
4. Any serious behavioral problems(s) immediately to the Athletic/Activities coach. The student's parents will be notified and students will be sent home. The cost of transportation for the student and chaperone will be the responsibility of the parent. Infractions include, but are not limited to, members of the opposite sex in each other's room; possession of controlled substances or alcohol; theft; vandalism; or leaving the trip or any supervised area without permission.

ATHLETIC POLICIES AND ELIGIBILITY ATTACHMENTS

BUSD 40 Athletics/Activities Hazing Policy: Soliciting, encouraging, aiding or engaging in hazing of any form is prohibited at BUSD40. The definition of hazing is any intentional, knowing or reckless act directed towards a student as means of being initiated into, affiliating with, or holding office in, or maintaining membership in any club, organization, or athletic team whose members are, or include other students. Hazing also includes any act that endangers the mental or physical health or safety of a person. Students found in violation of the Hazing Policy will be subject to disciplinary action as per Baboquivari Unified School District policies.

BUSD40 Athletics/Activities Harassment Policy: BUSD40 is committed to nondiscrimination based on race, color, religion, sex, sexual orientation, age, national origin, and disability. The policy will prevail in all matters relating to staff members, students, and the public education programs and services. Student athletes found in violation of the Harassment Policy will be subject to disciplinary action as per Baboquivari School District.

BUSD40 Athletic Uniform/Equipment Policy: Student-athletes will be responsible for **ALL** equipment issued to them. The student will be charged the full replacement cost of lost or willful damage to any equipment he/she is issued. Further, student-athletes will be deemed ineligible until all equipment issued to them has been inventoried by the coach or designated individual. Equipment will not be issued to a student athlete until he/she has been cleared by the Athletic Office.

Athletic Fee Policy: Attachment A

Student Conduct in Relation to Athletic Events and Extracurricular Activities: Attachment B

Spectator Conduct at Athletic and Extracurricular Activities: Attachment C

Concussion Protocol: Attachment D

AIA Position Statement: Attachment E

AIA Eligibility and Summary of By-Laws: Attachment F

Student Success Plan Form: Attachment G

ATTACHMENT A

ATHLETIC FEE POLICY

Policy: The Baboquivari School District believes that due to the high cost of the Athletic Programs an athletic fee will be charged to student athletes participating in athletic programs offered in the district. This is not a pay to play fee. Paid by August 31, 2024

The current athletic fee to participate in athletics is **\$40 per sport OR \$110 for the year (if playing fall, winter, and spring sports)**.

The fee must be paid during the clearance process for each sport to the Athletic Director's Office. Once the fee has been paid, the fee is non-refundable.

Assistance: Student athletes may receive assistance through JOM monies allocated by the Tohono O'odham Nation Education Department (TONED). Please contact the TONED office at (520) 383-8650 for more information.

A waiver from payment of athletic fees may be requested at the Secondary campus Athletic office after other avenues of support have been exhausted.

ATTACHMENT B

STUDENT CONDUCT: ATHLETIC EVENTS AND EXTRACURRICULAR ACTIVITIES

Students participating in athletics and/or extracurricular activities are expected to be role models for the student body. The various sports and extracurricular activities offered by Baboquivari Middle School and Baboquivari High School are intended to promote growth, development, citizenship and social skills beyond the activity itself.

A student's eligibility for participation in various extracurricular and athletic events may be affected by the student's conduct. Students that violate school behavior expectations are subject to various disciplinary measures by their coach, the Athletic Director, and/or Principal.

Athletes and all extracurricular participants have the following conduct requirements to remain eligible:

- ☐ Conduct by student-athletes during competition is regulated by the rules and regulations of the Arizona Interscholastic Association.
- ☐ A referral itself may not be sufficient cause to suspend a student's participation in extracurricular activities and/or sports. However, depending on the nature of the infraction and/or number of referrals, the coach/sponsor/advisor shall take appropriate action once they are advised of the incident(s). Appropriate action can be exclusions from practices, meetings, functions, or sporting events and/or trips.
- ☐ If a student has established a pattern of misconduct, whether or not suspensions were involved, the student may be dismissed by the Athletic Director or Principal from all teams or activities a student is a member of. A student-athlete that is suspended multiple times during a sport's season may be dismissed from the team by the Athletic Director and/or Principal.
- ☐ **Any suspension** results in an automatic suspension from sports or extracurricular activities the student is involved in for the duration of the out-of-school suspension. Not only is the student suspended from competition, but from all practices and organized activities (team workouts, meals, meetings, etc.).
- ☐ A student-athlete that is suspended multiple times during a sport's season will be dismissed from the team by the Athletic Director and/or Principal.
- ☐ Conduct by the student that negatively reflects on the school can have a bearing on the student's ability to participate in sports or extracurricular activities. **Any conduct that involves drugs, alcohol, theft, gang activity, etc. that is brought to the attention of the school (Head Coach, Athletic Director, Principal, etc.) may be grounds to discipline the student by the school. The discipline could include dismissal from sports programs or extracurricular activities.**

ATTACHMENT C
SPECTATOR CONDUCT AT
ATHLETIC AND EXTRACURRICULAR ACTIVITIES

Any person, adult or child, who behaves in an unsportsmanlike manner during an athletic or extracurricular event may be ejected from the event and/or denied admission to a school event for up to a year.

Some examples of unsportsmanlike conduct include:

1. Using vulgar or obscene language
2. Possessing or being under the influence of any alcoholic beverage or illegal substances.
3. Possessing a weapon; fighting or otherwise striking or threatening another person.
4. Failing to obey the instructions of a security officer, referee, coach, or school district employee.
5. Engaging in any other activity or conduct that is deemed illegal and/or disruptive to the event or function.

ATTACHMENT D
CONCUSSION PROTOCOL - ALL ATHLETES

What is a Concussion:

A concussion is a type of head injury that leads to Traumatic brain injury or temporary disruption of normal brain function. It can happen from a bump, jolt, or blow to the head. Concussions can also occur from a hit to the body that causes the head and brain to move rapidly back and forth in the skull. You do not need to lose consciousness or be knocked-out to have a concussion.

What are the signs and symptoms of a concussion:

- Observed:
 - Can't remember events before or after the hit
 - Dazed or stunned
 - Forgets or can't follow instructions, confusion about game, score, or assignment/position
 - Clumsy movement
 - Delayed responses
 - Change in mood, behavior, or personality
 - Loses consciousness
- Reported:
 - Headache/pressure in head
 - Sick to stomach/nausea/vomiting
 - Balance problems, dizziness, or blurry vision
 - Light/noise sensitivity
 - Confusion or memory problems
 - Not "feeling right"

Who can remove an athlete from play:

- When a concussion or head injury is suspected a coach, Athletic Director, licensed athletic trainer, team physician, official or parent can remove an athlete from play.

Return to Play Criteria for Concussion: (Completed by ALL athletes who have sustained a concussion. Middle and High School)

- **No athlete shall not** return to play (RTP) or practice on the same day of a concussion.
- Any athlete suspected of having a concussion shall be evaluated by an appropriate health-care professional that day.
- Any athlete with a concussion must be medically cleared by an appropriate health-care professional prior to resuming participation in any practice or competition.
- **After medical clearance, return to play shall follow a step-wise protocol with provisions for delayed return to play based as directed by an appropriate Health-care provider.**
 - Step 1: Light exercise, including walking or riding an exercise bike. No weightlifting.
 - Step 2: Running in the gym or on the field. No helmet or other equipment.
 - Step 3: Non-contact training drills in full equipment. Weight training can begin.
 - Step 4: Full contact practice or training.
 - Step 5: Game play.
- Return to play should only occur after an athlete has returned to full school attendance without academic accommodations.

Attachment E (next page)



ARIZONA INTERSCHOLASTIC ASSOCIATION, INC.

7007 N 18th Street, Phoenix, Arizona 85020-5552

Phone: (602) 385-3810

AIA POSITION STATEMENT

SUPPLEMENTS, DRUGS AND PERFORMANCE ENHANCING SUBSTANCES

PURPOSE OF FORM: All AIA Member schools are required to ANNUALLY communicate this AIA Position Statement on the use of supplements, drugs and performance enhancing substances to every participant in interscholastic activities. (See Article 43, Section 1, Paragraph 1).

The Arizona Interscholastic Association (AIA) views sport, and the participation of student-athletes in sports, as an activity that enhances the student-athlete's well-being by providing an environment and stimulus that promotes growth and development along a healthy and ethically based path.

- It is the position of the AIA that a balanced diet, providing sufficient calories, is optimal for meeting the nutritional needs of the growing student-athlete.
- It is the position of the AIA that nutritional supplements are rarely, if ever, needed to replace a healthy diet.
- Nutritional supplement use for specific medical conditions may be given individual consideration.
- The AIA is strongly opposed to "doping", defined as those substances and procedures listed on the World Anti-Doping Agency's Prohibited List (www.wada-ama.org).
- It is the position of the AIA that there is no place for the use of recreational drugs, alcohol or tobacco (e-cigarettes) in the lifestyle of the student-athlete. The legal consequences for the use of these products by a student-athlete are supported by the AIA.

In pursuit of **Victory with Honor**, the AIA promotes the use of exercise and sport as a mechanism to establish current fitness and long-term healthy lifetime behaviors. It is the position of the AIA that the student-athlete, who consumes a balanced diet, practices sport frequently and consistently, and perseveres in the face of challenges, can meet these goals.

ATTACHMENT F

AIA ELIGIBILITY RULES (HIGH SCHOOL ONLY) PROTECT YOUR ELIGIBILITY BY KNOWING THE RULES

- | | |
|--|-----------------------------------|
| 1. Enrollment Rule | 7. Maximum Participation Rule |
| 2. Academic Rule | 8. Transfer Rule |
| 3. Domicile Rule | 9. Amateur Rule |
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INTRODUCTION

Every year over 70,000 students in the state of Arizona participate in interscholastic activities at the high school level. The Arizona Interscholastic Association is composed of member schools that establish eligibility criteria for students, such as you, to be able to participate.

When you become a member of an interscholastic team at your high school, you will find that both your school and the AIA will have rules you must follow in order to be eligible for interscholastic participation. AIA rules must be followed as the minimum standard for all interscholastic competition in any member school. Your high school may have additional requirements, but they may not be less stringent than these statewide minimums.

Information contained in this pamphlet will acquaint you with the major rules and regulations you must follow in order to maintain and protect your high school eligibility. Any questions you have concerning these essential requirements or with your athletic eligibility should be checked with your school principal or athletic director. These administrators in your school have a complete copy of all AIA eligibility requirements.

THE INFORMATION CONTAINED HERE INCLUDES PORTIONS OF THE BYLAWS, NOT THE ACTUAL BYLAWS. PLEASE REFER TO THE BYLAW REFERENCES FOR THE COMPLETE STATEMENT OF THE BYLAWS IN THEIR ENTIRETY.

ELIGIBILITY RULES

Enrollment Rule (Reference: Bylaw 15.3)

- ☐ You must be enrolled and attending classes in your high school no later than the 14th school day of the semester in order to establish eligibility.
- ☐ If you have been enrolled in school for 15 or more days during any one semester, it will count as one of the eight (8) semesters of high school attendance during which you may possibly have eligibility.

Academic Rule (Reference: Bylaw 15.4)

- ☐ You must be enrolled in a minimum of five (5) courses the first six semesters of high school and a minimum as determined by your school during the 7th and 8th semester.

Domicile Rule (Reference: Bylaw 15.5)

- ☐ Except as otherwise stated in Article 15, you, whether an adult or not, are privileged with eligibility for interscholastic competition only at the school in the district in which your parents are domiciled. In multi-school districts, you are eligible only at the school in the attendance zone in which your parents are domiciled.

AIA Eligibility Rules (Cont.)

Age Limit/Birth Record Rule (Reference: Bylaw 15.6)

- ☐ If you become 19 years of age on or before September 1, you are NOT eligible for any part of that school year.
- ☐ You must submit an acceptable record of birth before your name is placed on an eligibility list for varsity competition.

Physical Examination Rule (Reference: Bylaw 15.7)

- ☐ You must have a physician's record of a physical examination on file with the principal stating that you are physically fit for interscholastic athletic competition.
- ☐ Your physical examination for the following year must be **given on or after March 1 of the upcoming school year**.

Parent or Legal Guardianship Rule (Reference: Bylaw 15.8)

- ☐ You must get signed permission to participate from your parents or guardian on a form provided by the school.

Maximum Participation Rule (Reference: Bylaw 15.9)

- ☐ You are eligible to participate for only four seasons in each sport and no more than eight semesters.
- ☐ You may be eligible for no more than eight semesters you attend school after you enroll in the ninth grade. If you attend school for fifteen (15) days or more in a semester, that counts as a semester of attendance.

Transfer Rule (Reference: Bylaw 15.10)

- ☐ If you move with your parents to a new school district, you will be eligible at your new school provided you meet all other eligibility requirements.
- ☐ If you transfer schools and your parents do not move into the district of your new school you will be ineligible for 365 days.

Amateur Rule (Reference: Bylaw 15.11)

- ☐ You must be an amateur. This means that you have never used and are not using your knowledge of athletics or athletic skill in an athletic contest for financial gain.
- ☐ You shall participate and always have participated under your own name.

Recruitment Rule (Reference: Bylaw 15.12)

- ☐ The bylaws prohibit recruiting of high school students for athletic purposes. If you are solicited to enroll in or transfer to a school to participate in athletics, you are being illegally recruited and your eligibility is in jeopardy.
- ☐ If the recruitment rule is violated, you will not be eligible as a member school until reinstated by the AIA Executive Board.

Non-School Participation Rule (Reference: Bylaw 14.4)

- ☐ If you are a member of a school team, you may not practice or compete with a non- school team in the same sport during the same season.
- ☐ You will become ineligible if you violate the above rule.

Sportsmanship Rule (Reference: Bylaw 16.4)

- ☐ If you are ejected from an interscholastic contest for unsportsmanlike conduct, you will be ineligible for your team's next contest.
- ☐ You may also be subject to other penalties.

BUSD 40 ATHLETIC CLEARANCE REQUIREMENTS

PARENT/GUARDIAN AND STUDENT ATHLETE NEED TO READ AND COMPLETE THE FOLLOWING:

Insurance: Each student athlete must have adequate medical insurance to participate in interscholastic athletic programs. Please provide the company name, policy number, and effective date.

Guideline for Team Participation/Try-Outs: This form must be signed by the student athlete and their parent/guardian prior to becoming athletically eligible.

Athletic Participation Fee: In order to off-set the cost associated with athletics, an athletic fee must be paid by each student athlete. This fee must be paid prior to the first contest for the student athlete to remain eligible. Please see Attachment A.

District and State Policies (Please read and maintain a copy for your records):

- ☐ Hazing Policy
- ☐ Equipment Policy
- ☐ Harassment Policy
- ☐ Athletic Fees (Attachment A)
- ☐ Code of Conduct for Athletes (Attachment B)
- ☐ Spectator Conduct at Athletic and Extracurricular Activities (Attachment C)
- ☐ AIA Supplemental Statement (Attachment D)
- ☐ AIA Eligibility Rules (Attachment E)

Academic Requirements: The academic policy shall apply to all student athletes participating in interscholastic athletic programs at BUSD40:

- A. **ALL students will be eligible the first four weeks of school. Thereafter, eligibility will be determined using four-week progress grades. Students must have 0 F's and 90% attendance (unless absences are excused) to remain eligible for the next four-weeks, and every four-week grading period thereafter.**
- B. **Should students have F's on progress grades they MUST turn in a weekly grade sheet until they re-establish eligibility and complete the "Student Success Plan" as described above.**
- C. **Should students have less than 90% attendance, they must attend school for 10 consecutive days to re-establish eligibility.**
- D. **Failure to pay fees or return equipment (uniforms, etc.) may result in not participating in 8th Grade Promotion or High School Graduation activities.**

Athletic Participation: Student athletes participating in a team sport **MAY NOT** practice or compete in another group, club, organization, association, etc. of the same sport during the interscholastic season of competition (AIA Bylaw 14.4.1).

Physical Clearance: All students participating in interscholastic athletics must have on file a record of physical examination. Per AIA Bylaws 15.7.1 the physical for the following year shall be given on or after March 1. The medical provider must be one of the following M.D., D.O., N.P., or PA-C **ONLY**. The Physical Form must be signed and dated by the medical provider. The parent/guardian must complete and sign the medical history section. **Please use the attached Physical form.**

Consent Form: This form must be completed with the student athlete's current phone numbers and mailing address. This form is used to contact the parent/guardian in case of an emergency.

By signing below, I/we acknowledge that I/we have read, fully understand, and have kept all attachments pertaining to this packet.

Parent/Guardian Signature

Student Signature

Date

INDIVIDUAL INSURANCE WAIVER

Informed Consent: It is important for student athletes and their parents/guardians to understand that there is some risk of life threatening injuries, permanent disability, and a multitude of other injuries when participating in athletics programs.

I affirm that I am the parent or legal guardian of _____, I understand the Baboquivari School District #40 requires that each student participating in interscholastic athletics and certain other activities to be covered by an accident insurance policy. Fully understanding and accepting all responsibility and absolving the school board and school district of such responsibility, I hereby make known that I want my personal health and accident insurance to be considered in covering the named student. I represent that the named student is currently covered and will be covered during the present school year by an accident insurance policy. I further acknowledge that in the event my personal health and accident insurance is canceled, withdrawn, or any way cease to exist I will withdraw my student from all sports activities until such time I can acquire equivalent health and accident insurance.

I further accept full responsibility for all obligations, financial or other, which may result from injuries to my son/daughter while participating in school sport and activity programs.

Insurance Company	Policy Number	Effective Date
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I have read and understood all the information in this packet. I am aware that catastrophic injuries and even death may result from athletic participation. I also understand that Baboquivari School District #40 does not provide accident insurance for my son or daughter.

Parent/Guardian Signature	Date
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