



Birch Grove Community School #4145

October 2026

Angie Fernlund, BGCS School Cook Extraordinaire

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Hawaiian Roll French Toast Bacon Yogurt Fruit Milk/Water	2 Double Decker Tacos Roasted Carrots Green Salad w/Dressing Choices Fruit Milk/Water
5 Tortellini Tomato Soup Grilled Cheese Green Salad w/Dressing Choices Fruit Milk/Water	6 Chicken & Ranch Taquitos Rice Green Salad w/Dressing Choices Fruit Milk/Water	7 Cold Lunch from Home Lunch Outside! 	8 Taco Bake Chips & Salsa Black Bean & Corn Salad Fruit Milk/Water	9 Cheese Pizza Caesar Salad Green Beans Fruit Milk/Water
12 Chicken Alfredo Garlic Bread Green Salad w/Dressing Choices Fruit Milk/Water	13 French Bread Pizza Pasta Salad Roasted Broccoli Fruit Milk/Water	14 Cold Lunch from Home Lunch Outside! 	15 No School MEA	16 No School MEA
19 Pan Fried Chicken Rice Broccoli Fruit Milk/Water	20 Breakfast Quesadillas Sausage Hashbrowns Fruit Milk/Water	21 Cold Lunch from Home Lunch Outside! 	22 Spaghetti w/Marinara Meatballs Green Salad w/Dressing Choices Fruit Milk/Water	23 Award Winning Chili! Baked Potato Green Salad w/Dressing Choices Fruit Milk/Water
26 Baked Cheesy Shells Bread Stick Green Salad w/Dressing Choices Fruit Milk/Water	27 Meatloaf Mashed Potatoes Green Salad w/Dressing Choices Fruit Milk/Water	28 Cold Lunch from Home Lunch Outside! 	29 Crescent Roll Hot Dogs French Fries Green Salad w/Dressing Choices Fruit Milk/Water	30 Pizza Quesadillas Caesar Salad Vegetables Fruit Milk/Water