



Spring Safety Event

By Noah Nagy

According to the National Library of Medicine, in nearly 68 percent of car accidents, bystanders fail to take any action. Kayla Day realized this when she witnessed a car accident and nearby residents recorded instead of dialing 911. Mrs. Day knew that she couldn't let this lack of public education hurt any more lives, leading her to start A Parent's Promise, LLC to address the issue.

Mrs. Day created A Parent's Promise, LLC to help parents of all walks of life, do what's best for their family and children. She stated, "I started A Parent's Promise because I know what it feels like to sit in the unknown—trying to figure out how to help your child, your family, or yourself, and not knowing where to turn." Her message rings especially true because, as a healthcare professional with a child who has a rare disease, Day has witnessed firsthand the stress of navigating life without outside help. A Parent's Promise is addressing this lack of information and help by hosting the Spring Safety event at the Conemaugh Township High School, a place where parents and kids alike can feel safe.

With over twenty-five resource booths that will provide valuable information for topics such as family crisis assistance and early childhood education and hands-on activities such as CPR, the Spring Safety event has an activity that appeals to nearly every kind of person. The event is being held on Saturday, May 16, 2026, allowing working families to attend without taking valuable time off. Activities like these not only inform families, but also give them a feeling of security in a chaotic world.

As community resources become harder to navigate, A Parent's Promise and more specifically the Spring Safety resource event has taken a bold step to educate and inform local citizens. Through programs such as this, people across Conemaugh Township and surrounding counties can become knowledgeable on topics from everyday parenting, to essential life skills. The volunteers and workers with A Parent's Promise know that

helping unguided families is what matters most, with Day saying, "If this event helps even one family feel more prepared in a moment that matters, then it has already done what it was created to do."

Doin' Donuts

By Emma King

The grand opening of Doin' Donuts has brought excitement and fresh flavors to the local community. Residents gathered to celebrate the new shop, eager to try a variety of freshly made donuts and drinks. The shop's welcoming atmosphere and colorful displays made it a popular stop on opening day, with many customers praising both the quality and creativity of the menu.

Doin' Donuts offers a wide selection of treats, from classic glazed donuts to unique specialty flavors topped with frosting, sprinkles, and drizzles. Their regular donut flavors include chocolate, vanilla, glazed, peanut butter, cinnamon & sugar, and maple. In addition to the regular flavors, they have specialty donut flavors such as lemon blueberry, peanut butter cup, strawberry crunch, and triple chocolate. The shop also offers sweet treats other than donuts. They have ice cream, milkshakes, cookies, tea, coffee, and hot chocolate. The owners focused on creating a fun and friendly environment where people of all ages can enjoy a sweet treat.

The opening of Doin' Donuts is expected to have a positive impact on the community by bringing in new business and creating a local gathering spot. Many residents are excited to support a new small business in the area, and look forward to making it part of their daily routine. With its strong start and enthusiastic support, Doin' Donuts is set to become a favorite destination in Johnstown.

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Brayden Beeman rounding the bases!



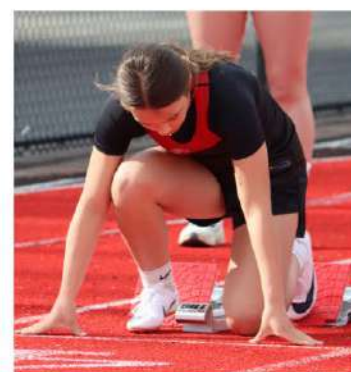
Mrs. Feathers matching with Lindsay Knieriem.



Carson Cauffield competing in high jump.



Our seniors representing their future schools.



Brady Lasure getting ready to start her race.

Colin Dinyar on the mound.



Andie Hunsberger is up at bat!



Mya Nemeth at second base.



Julian Thorne conducting an experiment.



Our teachers wearing blue for autism awareness!

Teacher Appreciation Flower Project

By Lyla Mauzy

Every day, in schools across the world, teachers work tirelessly to help students learn and grow as individuals. Because of the meaningful impact these individuals make, it is important to showcase appreciation for all that they do. Recently, students have been given a unique opportunity to demonstrate their gratitude for the hardworking educators of Conemaugh Township.

Since the beginning of February, the Teacher Appreciation Flower Project has been available to all students who wish to show their support. In the hallway outside of the cafeteria, individuals may write letters of gratitude on paper flower petals and then submit them to be hung on walls around the school. Students may choose to sign their notes or remain anonymous. The project was established by Mrs. Kopp, the Life Skills teacher at Conemaugh Township High School, and will continue for the remainder of the school year. According to Mrs. Kopp, "Everyone likes to feel appreciated, but sometimes people don't know how to show their appreciation. This is a nice way for students to quietly and even anonymously if they choose, show appreciation for a teacher that has helped them grow."

Overall, the Teacher Appreciation Flower Project has given students the chance to honor our school's educators for their hard work and commitment. Each day, the excellent team of dedicated teachers at our school inspires individuals to grow and prosper. All are encouraged to write words of gratitude and share how an educator has made a difference in their lives.

Alumni of the Month



Jenilee Lasure, a former student at Conemaugh Township, graduated in 1999. Following her high school career, Lasure attended Slippery Rock University, and received both a Bachelor of Science degree in Athletic Training in 2002, and a

Doctorate in Physical Therapy in 2007. She then went on to work in outpatient physical therapy clinics, as well as skilled nursing facilities.

Looking back on her high school years, Lasure noted that her most treasured memories were playing soccer, running track, participating in lip sync dances, and attending Friday night football games. She also mentioned that her favorite teacher was Ms. Pepoy, a supportive educator with whom she shared similar interests. Lasure spoke about how Ms. Pepoy provided assistance for her future career aspirations, stating, "she was my inspiration for becoming an Athletic Trainer."

Jenilee Lasure currently resides in Davidsville, PA with her husband, Matt Lasure. The couple has four daughters: Addison, Payton, Bradyn, and Brooklyn. Lasure now works at Heritage Ridge Senior Living as a Director of Rehab, and she has been the Athletic Trainer for Conemaugh Township since 2019.

Senator For A Day

By Amelia Mitchell

Students from Conemaugh Township High School recently had the opportunity to participate in an exciting educational experience called "Senator For A Day." This event took place on March 13th at Penn State Fayette Campus. Students had the opportunity to step into the role of a state senator, and learn firsthand how government works.

During this event, students participated in a simulation where they worked through two different bills and attempted to get them passed. They were divided into communities where they discussed and debated just like real lawmakers. Students also had the opportunity to meet new people and interact with others interested in government. One notable person they met was Pat Stefano, Pennsylvania State Senator. Jacob Bartis said, "Everything from the entertaining drive in the van to the experience of being on a committee, really made the whole day educational and fun!" Another student that participated in this event was Brody Diamond. Diamond said, "It was a very cool experience. I especially liked being able to debate bills that are currently being debated in other state senates with other students."

Overall, the "Senator For A Day" event was both educational and enjoyable. It gave the students at Conemaugh Township a deeper understanding of government and allowed them to actively participate in the process.

Locura de Marzo

By Amelia Mitchell

In the month of March, students in Spanish I - IV participated in a worldwide music competition. In this competition, students from around the world listened to and voted on their favorite songs and artists. By the end of the competition, all of the students came to a collective vote and picked a winner.

This is the ninth year the Locura de Marzo event has been held. In the beginning of March, Spanish students created brackets on how they believed the competition would go. Spanish teacher, Dana Kissel, helped all of the students attempt to create the perfect bracket. By the end of the competition, if you had a perfect bracket, you were rewarded with a gift card of your choice. The students that won this year's bracket were Laniyah Lohr and Avalee Bosnick. Sophomore Lexie Feathers said, "I love doing Locura de Marzo every year. It's a fun way to find new songs from around the world that I wouldn't usually listen to." The competition was between 177 songs and 25 artists. By the end of the competition, it was down to "Regalo" by Alvaro Soler and "Music Sessions #0/66" by Bizarrap and Daddy Yankee. "Music Session #0/66" won in the end by an astounding 11,976 votes.

All of the different Spanish classes do many fun things, and this is just one of them. Locura de Marzo is a fun and unique competition because it is really run by the students and their opinions. Students get to explore and discover new songs from different cultures all around the world, while also competing for the perfect bracket.



Prom 2026 Details

By Lyla Mauzy and Amelia Mitchell

On Friday, May 8th, Conemaugh Township High School will be holding its prom event at Laurel View Village. The dance is open for juniors and seniors, and many students are looking forward to this exciting evening.

This year, Mrs. Lyons and several juniors have been working tirelessly to plan and prepare for this year's celebration. Students who are helping with preparations and selecting a theme include Addison Lasure, Danika Black, and Lilly Oakes. According to Mrs. Lyons, "This group of juniors came up with a really fun and unique prom theme, and we're excited to see it all come together this year." Lilly Oakes said, "The other junior class officers and I are so excited for this year's prom! We are hoping for a good turnout and a fun night for all of those who attend!" The committee has chosen the theme "Vintage Vibes," an early 1920's concept, inspired by the classic fashion and music of the Roaring Twenties. The prom will be held in Laurel View's Fresh Harvest Restaurant from 5 p.m. to 10 p.m.. Post Prom will follow the dance from 11 p.m. - 2:30 a.m. at the high school. Post Prom will feature many different activities, including board games, mini golf, gaga ball, and a bounce house for students to enjoy throughout the night. There will also be a wide selection of food from The Old Toll Gate Inn.

The 2026 Prom has been met with much anticipation and excitement from high school students planning on attending. Tickets are \$45 each and are available for purchase from Tuesday, April 21st to Friday, April 24th during Lunch A or in Mrs. Lyons's room. Additionally, those who wish to run for the Prom Court may sign up outside room 213. Prom is more than just a school dance; it is a meaningful tradition that brings students together to celebrate the end of the school year. It gives students a chance to bond, and marks an important milestone in their high school experience.



Is Spring Dreary or Pretty?

By Eden Denault

When people think of spring, some of the first things that come to mind are flowers, warm weather, and rain. A big factor of spring is rain, and in Pennsylvania, rain is much worse than what people think. Almost all of March, April, and May, it storms and brings winds up to 60 mph with tornado warnings. Because of all of this, spring is dreary.

When debating this topic, take into consideration sports and weather. Throughout all of spring, sports games are canceled left and right. The games are then rescheduled, but it often storms even on those makeup days. When someone walks outside, they expect to see sun, a bunch of flowers, and leaves on trees. While you may sometimes see that, a lot of the time it's cloudy out and it looks dreary. This year during spring, while there was some hot weather, most of the spring weather was practically freezing. The weather is always switching from perfect, warm, spring weather one day, to freezing, rainy weather the next.

Overall, spring is filled with flowers and sun, but those are not the only things that spring brings. As time passes, we may see a time filled with more of the pretty, sunshiny spring that many hope for, but as of right now, spring is more dreary than it is pretty.

Bowtie vs. Tie

By Conner Hawkins

Wearing a regular tie, as opposed to wearing a bowtie, to a special occasion is a highly debated topic. Many fashionistas disagree on what the correct option is, and it has caused a split among men at dances, some wearing bowties with their suits, and some wearing regular ties with their suits. The question is: who is correct?

Regular ties were used over the centuries to give off a traditional look. While it can look nice, it lacks personality and makes someone often look basic. Bowties, however, stand out, especially in dance scenes in movies and TV shows. They stand out more than traditional ties when it comes to lighter colors, such as gold, which stand out much better on a bowtie than a regular tie. Bowties give off a more natural formal theme, while regular ties come off as forced and fitting in. Additionally, bowties

don't shake off as much when dancing, while regular ties fly around one's chest.

In conclusion, bowties are a nice step up from regular ties. They can stand out more and allow for more movement on the dance floor.

Are April Showers Worth May Flowers?

By Nina Richardson

If you were to ask me, "Are April showers worth May flowers?", it would be easy for me to simply answer "Yes," backed up by ordinary reasons like "Flowers are really pretty..." or "I enjoy the rain," and leave it at that. However, I find myself agreeing with the question because I think that it carries more meaning than just the generality of what's pleasing to the eye. In a greater light, I believe it teaches that you can't have the good things without the bad, and that hard times help you learn and grow into something incredible, just as the rain causes beautiful flowers to bloom.

Life is very comparable to nature and its seasons. Nature has a variety of seasons and weather. It's never constant. As much as we would all love it to be, it is not always sunny. But, neither is life. It is easy to get caught up in focusing on the lack of sunny and warm weather, instead of taking time to learn and appreciate what we wouldn't have without bad weather. In the moment, rain can be dreadful. It is sad, and can come across as just a burden that never seems to go away. However, without it, the beautiful flowers and green trees we see and love in the warm weather could not bloom. You can't learn and grow as a person and have all of the beauty in life without the hard times. You can focus on all of the times when life doesn't seem to be kind to you, or you can learn and grow from them, and focus on all of the blessings that come out of it. You can't have beautiful flowers without any rain.

For these reasons, yes, April showers are definitely worth May flowers. Just as flowers can't bloom without any rain, neither can we. In gloomy times, it's always important to remember the incredible things that grow from it all, all of the gardens that wouldn't blossom without the storms.



Turkey Hunting

By Mayce Kordell

Turkey hunting seasons differ significantly by state and type of season but usually take place around the fall and spring. Usually, it is around mid-April to late May for the springtime and for fall October to November. People take this time very seriously and usually use tips to help them catch their turkey. Here are the top 10 tips to make turkey hunting much easier for you next season, so you can catch that dream turkey:

1. Be a smart scout
2. Use proper camouflage
3. Set up close to the root
4. Use decoys wisely
5. Learn to call well
6. Don't over-call
7. Sit still
8. Hunt midday
9. Use trees for cover
10. Be patient

Many people hunt turkey for the challenge, connection to nature, and for the organic food. Turkey hunting is very popular and many enjoy this sport. It serves as a way to engage with the outdoors, particularly in the spring when the woods are waking up. Now this year you have 10 tips on how to help you catch your dream turkey.

Mental Health Awareness Month

By Halen McKool

Mental Health Awareness Month takes place during May every year. It was created by the National Association for Mental Health in 1949. Its goal is to educate the public and support people affected by mental illness.

Mental Health Awareness Month is an important event for many people. It is a time for the community to come together and help each other. Millions of people around the world suffer from conditions like depression, bipolar disorder, anxiety, and other mental health disorders. Having support from friends and family is extremely important when someone is struggling with mental health. Mental Health Awareness Month is also a great time to educate people who aren't struggling so that they can better support their loved ones in their own struggles.

This month is important for many reasons. From education to support, Mental Health Awareness Month can have huge impacts.

Mother's Day Celebrations

By Mya Kane

Mother's Day is a wonderful day that allows you to honor your mother and thank her for all that she has done in your life. Each year Mother's Day is celebrated on the second Sunday in May, which in 2026 is on May 10. There are many ways to celebrate to show your appreciation towards your mother, including gift-giving and doing different activities. Listed below are the best ways to spend Mother's Day.

1. Treat your mother to an at-home spa day or visit a local spa, so that she can get all the relaxation she needs.
2. Wake her up with breakfast in bed or cook her favorite meal.
3. Spend time outdoors by planning a nice picnic.
4. Stay at home playing board games, doing puzzles, or watching movies.
5. Clean up around the house to give your mother a day off from doing housework.
6. Create a personalized gift, such as a photo album or a handwritten note, including your favorite memories.
7. Buy her a beautiful bouquet of flowers to brighten up her day.
8. Take her shopping to some of her favorite stores.
9. Help her garden by preparing flower beds for summer.
10. Plan a nice tea party with tea, desserts, and sandwiches.

These ideas can help you plan a Mother's Day for your mom that she won't forget. Sharing these ideas with others is a great way to allow others to have an amazing time with their mother, too. So, start planning and sharing your ideas now, so that you can also have a fun Mother's Day filled with doing activities with the person in your life who has made many sacrifices for you.

HAPPY
Mother's Day

Baseball Captures the Sweep

By DJ Bambino

On April 2, 2026 the Conemaugh Township varsity baseball team played at home in a Heritage Conference game against the Conemaugh Valley Blue Jays. The boys mercy-ruled the Blue Jays in just five innings, defeating them 10-0.

Pitcher Colin Dinyar threw a no-hitter on the mound. Dinyar was efficient, striking out eight Blue Jay batters over five innings. At the plate, Dinyar also added 4 hits, including 2 doubles. Reed Conn provided 3 more hits, one being a 2-run home run to help spark the Indians' bats. The team managed to steal 10 bags on the Blue Jays. Defensively, the team was very solid behind their ace, allowing 0 errors throughout the entire game.

This win improved the Indians to 5-0 on the season. The team has many important games coming up on the schedule that they needed to win in order to make a deep postseason push.

Track Comes Out With the Win

By Gentry Sotosky

The Conemaugh Township track team had their second track meet of the season at United. Purchase Line also competed in this meet. In the end, both the boys' and girls' teams won against both schools.

The boys beat Purchase Line with a score of 116-32, and United with a score of 82-67. The first-place finishers for the boys' team were: Cash Hawkins in the 400 meter, Hudson Lease in the 1600 meter and 3200 meter, Erik McClemens in the discus, Gentry Sotosky in high and triple jump, Damirr Thomas in the long jump, and Brody Shroyer in the shot put. The scores for the girls' team were 125-21 against Purchase Line, and 90-60 against United. The first place finishers were: Baylee Sleek in the high jump and 100 hurdles, Danika Black in the 200, Ava Hawkins in the 400, Molly Hunsberger in the 800, Katrina McCann in the shot put, discus, and javelin, and Jayla Feathers in the pole vault. The 4x100 team won, consisting of Kailee Coddington, Vayda Korenoski, Danika Black, and Layla Overly. The 4x800 team also won, consisting of

Ava Hawkins, Peyton Lasure, Katelyn Hall, and Molly Hunsberger.

Overall, both teams did very well, beating both United and Purchase Line. In general, there were many first place finishers that brought in more points for the team. Their next meet was held on April 8, against Cambria Heights and Marion Center.

Softball Senior Night

By Peyton Lasure

On Tuesday, April 7, the Conemaugh Township varsity softball team celebrated their lone senior Andie Hunsberger. As the only senior, Andie isn't just finishing her final season, but she is carrying experience and leadership on her shoulders.

Andie is a three-year member and letterman of the varsity team. Playing at center field, she has been a consistent force both at the plate and in the field. She has taken on a unique leadership role. Whether she is guiding the team through a tough inning, or setting the tone at practice, she is a mentor that the underclassmen can look up to.

Junior member Addison Lasure states, "Andie has always been a leader by example. She is always the most aggressive player on any field, and demonstrates what it means to be a team player. We are so lucky to have her as a captain." Although the team is young, the girls will look to build on this year's experience, while carrying forward the leadership that Andie provided.



ATHLETES OF THE



Grayson Kusher is the son of Barbra and Ken Kusher. He lives with both in Johnstown. Grayson has been a member of the boy's soccer team for six years. Throughout his four years on the varsity team, he has managed to letter three times, and win one District V Championship. Grayson is also actively competing for the track and field team, and he has been on the team for the past four years. Additionally, Grayson shines in the classroom. He is a member of the Connumach Chapter of the National Honor Society, and Students Against Destructive Decisions Club. As a high school student, he has

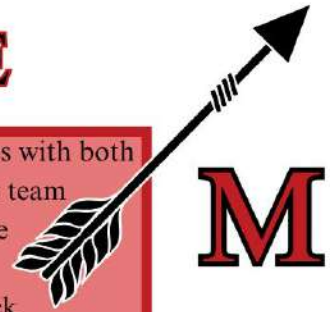
been named to the College Board National Recognition Program, and the Penn Highlands Dean's List through the dual-enrollment program. In Grayson's free time, he enjoys playing video games and watching movies. In his future, he plans to attend the University of Pittsburgh at Johnstown to pursue a degree in Civil Engineering. He also plans to minor in Geology and Environmental Sustainability. One quote that Grayson lives by is, "Remember that wherever your heart is, there you will find your treasure" by Paulo Coelho.



Andie Hunsberger is the daughter of Reuben and Jeri Hunsberger. She currently lives with both in Davidsville, Pennsylvania. Athletics have played a major role in her life, and they have helped develop her into the person she is today. During her varsity career at Conemaugh Township, she has had many successes, and has received many accolades along the way. Andie was a senior member and team captain of our girls' soccer team. She has been playing soccer for 12 years. In her varsity career, she has lettered for three years, and has earned a District V title, two honorable mentions, and made the Somerset

County first team. Additionally, Andie has been playing travel soccer for seven years. She is a three-year member and letterman of our softball team, and a one-year letterman in track and field. Andie was a one-year letterman in cross county, while also meeting the district qualifying time. Additionally, Andie is a three-year mat maid for our wrestling team.

Outside of sports, Andie is a member of the National Honors Society, Rotary Interact club, Students Against Destructive Decisions club, and Student Council. Andie is also an all "A" honor roll student. In her free time, she enjoys mowing, playing with her baby ducks, and playing soccer. After graduating high school, Andie plans to obtain her pilots license through Nulton Aviation Academy, and work for Ariel Applications. When asked for a quote, Andie recited Matt Biondi's, "Persistence can change failure into extraordinary achievement."



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Bill Cosby Lawsuit

By Mary Matera

As of March 2026, Bill Cosby was found guilty in a California lawsuit for sexually assaulting Donna Motsinger in 1972. The jury ruled to award her between \$19.25 million to \$59 million in damages. Cosby was released from prison in 2021 after his 2018 criminal conviction was revoked. There are still multiple civil suits pending from accusers.

Cosby's pending lawsuits include the 2026 Civil Verdict, the Nevada Lawsuit, the 1975 Playboy Mansion Case, and the Cosby Show Actor Suit. The 2026 Civil Verdict finds Cosby guilty of drugging and raping Donna Motsinger when she was introduced to him at a show in 1972. Nine women sued Cosby in Nevada for allegedly sexually assaulting and drugging them in 2023. Judy Huth was awarded \$500,000 in 2022 when she accused Cosby of assaulting her at the Playboy Mansion when she was 16. A former Cosby Show actress, Lili Bernard, sued Cosby and NBC Universal, claiming that they had drugged and assaulted her in the 1980s. Cosby still denies all accusations and allegations against him, maintaining his innocence.

Although Cosby denies all the allegations made against him, he still has many lawsuits against him for similar cases of assaulting women. These civil actions, which are driven by countless accusers and new state legislation that allows older cases to be retried, reflect ongoing legal activity against Cosby even after his conviction was dismissed.

Chuck Norris's Passing

By Emily Purdy

On Thursday, March 19th, American actor and martial artist, Chuck Norris passed away in Kauai, Hawaii at the age of 86. Norris sadly died due to an undisclosed medical emergency just days after his birthday on March 10th. Reports suggest that even though there was an initial emergency, Norris was in high spirits shortly before passing.

Throughout his acting career, Chuck worked on over 50 movies and about 18 television shows, gaining multiple awards for his work. His most famous role was Cordell

Walker in the TV show, Walker, Texas Ranger (1993-2001). The movies *The Way of the Dragon* (1972), and *Missing in Action* (1984) helped shape his image over the last few decades. Norris was also well known for his martial arts skills, earning the title of six-time undefeated World Professional Middleweight Karate champion and became the first man in the Western Hemisphere to be awarded an eighth-degree black belt Grand Master in Tae Kwon Do.

While it's sad to see a beloved actor pass, it is important to remember the accomplishments made while he was alive. Rest in peace, to a great man and inspiration to many.

Taylor Frankie Paul's Scandal

By Renata Savignone

Taylor Frankie Paul is an American TikTok-based influencer, most known for the Hulu show *The Secret Lives of Mormon Wives* where she gives a detailed look inside her life, including her divorce and new relationship. She is a central figure of "MomTok," a group of mostly Utah Mormon influencers. Paul has been involved in multiple legal issues in the past years.

In 2023 while filming *The Secret Lives of Mormon Wives*, she got into a heated fight with her partner, Dakota Mortensen. Police were called and she was arrested with the charges of aggravated assault, reckless child abuse, and domestic violence in the presence of a child. On March 12, 2026, the new season of the reality show came out, and we can see her getting into another fight with Mortensen. He claims Paul choked him, threw his phone and scratched his neck, and later an old video from 2023 of one of their fights came out, where she can be seen throwing a chair in the direction of Mortensen and her young daughter.

Because of the scandal, ABC decided that her *Bachelorette* season would be canceled, making the network possibly lose between 30 and 70 million dollars.



Olivia Rodrigo's New Era

By Sarah Swank

Over the past few weeks, fans have been speculating that pop star, Olivia Rodrigo, is quietly building excitement for what many are calling her next era. From subtle changes to her branding to recent interviews teasing new music, it's becoming clear that something big could be on the way. Recent reports say that Rodrigo has been dropping hints through new logos and a shift in color themes.

The biggest clue came from Rodrigo herself in an interview with *British Vogue*, where she opened up about her third album. She described her new album as full of sad love songs. She reportedly shared that the project is about 70% complete and called it one of her most experimental albums. If these hints are anything to go by, Olivia Rodrigo's next era could be her most mature and emotionally layered album yet. Known for putting her heartbreak, growing pains, and anger into songs, she is ready to explore a more romantic side of herself.

On April 2, 2026, Rodrigo announced her new album *You Seem Pretty Sad for a Girl So in Love*. The album will come out June 12, 2026, with Rodrigo announcing the new lead single, 'Drop Dead,' will be released April 17, 2026.



Artist of the Month



study to be an art teacher.

Emma King, a sophomore here at Conemaugh Township, was chosen as Artist of the Month. King lives in Jerome with her mom, Angel Conzatti. After high school, she plans to attend UPJ, or another local community college, to earn her bachelor's degree in teaching. Once she earns her degree, she wants to attend IUP to

King is in Art II and has many accomplishments. To start, one of her pieces is currently displayed in the IU-8 Office in Altoona. She has also had many pieces displayed in the Bottleworks Johnstown Competition. Although no specific art really inspires her, she is mostly drawn to things that she sees, like landscapes and the outdoors. King does not just stick to one art style, but she very much enjoys drawing and painting using realism.

Not only is she talented, but extremely well-rounded. King expresses her gratitude towards the school and especially towards her art teacher, Mrs. Spengler, stating, "I'm so grateful that this school and Mrs. Spengler allow me to express my own creative freedom with my art."

Musician of the Month



Conemaugh Township's Musician of the month for April is Junior Charlotte Worst. Worst is the daughter of Sarah and Dave Worst of Davidsville. Worst's musical talents come in many forms. Worst is a flutist in Township Band, an active member in the Township choir, a part of the school musical, as well as her church's choir. Outside of her musical talents, she is also a member of the National Honor Society.

Since eighth grade, Worst has been involved in county band and choir. Accompanying the aforementioned, Worst has participated in five Conemaugh Township Musicals, including *Music Man*, *Footloose*, *Mary Poppins*, *High School Musical*, and *Matilda*. Worst stated, "Musical has always been a big part of my life, and I'm excited to perform in my last CT musical next spring."

As for Worst's future, she plans to attend college after graduation. A favorite quote of Worst's is, "No matter how hard life may get, take a deep breath and keep going."

Pets Intentionally Being Poisoned

By Savannah Stutzman

Within the past few days, the Altoona Police Department was made aware of domesticated animals testing positive for antifreeze poisoning in the Fairview Area of the city. Even though this may sound like an accident, many locals have confirmed someone has been intentionally throwing toxin-soaked items into the yards of homeowners.

So far, one pet has tragically passed and at least one is being treated for severe complications. Tammy Perkins, the owner of a dog named Winnie who has been affected by the toxin-soaked items, has come forward claiming her beloved pet is receiving care at Pleasant Valley Animal Hospital. Winnie is receiving IV treatment every four hours for the toxins. Perkins also reported that her son had come home from school a few days prior saying his friend's dog was poisoned, but she hadn't thought much of it.

According to Bras Kissell, a veterinarian, animals are attracted to a particular chemical called ethylene glycol, in antifreeze. However, he also claims an animal won't willingly ingest it unless it's hidden inside another component. This information shows that whoever is going around leaving these items most likely knows exactly what they are doing. The police are asking anyone who may have any more information about the poisoning to speak up. They have started an official investigation checking any security cameras within a several block radius of 25th Ave and 12 Street. The Altoona Police have even resorted to posting on their Facebook page. They have posted a warning to the community to be wary of any objects that may be in their yard. The post also recommends to check any personal outdoor cameras homeowners may have to hopefully find any additional information as to whom may be behind this act, as these incidents seem to be increasing by the day.

Overall, the Altoona police department has made this investigation very open to the public which will hopefully lead to the suspect being caught. Every pet affected is being treated the best that they can, and hopefully no more pets will be affected by this evil act.

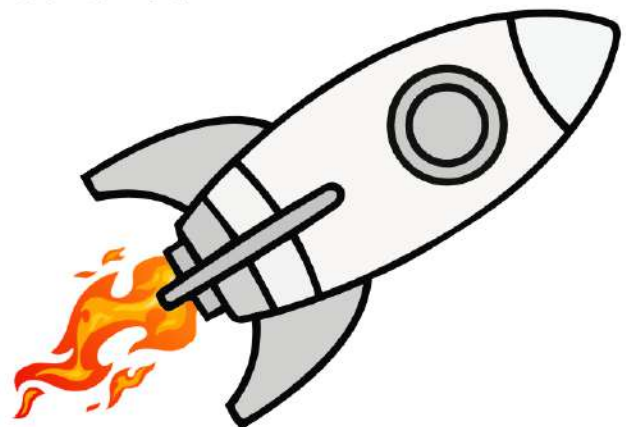
Artemis II Mission

By Noah Nagy

For the first time in fifty years, humanity has ventured to the vicinity of the Moon and, in doing so, has gone the farthest away from Earth humans have ever traveled. According to NASA, the goal of the Artemis II mission, launched on April 1st, 2026, and scheduled to end on April 12, 2026, is to flight-test the Space Launch System (SLS) rocket and the Orion spacecraft. Artemis II's capsule contains four crew members: Commander of the mission Reid Wiseman, pilot of the craft Victor Glover, and mission specialists Christina Hammock Koch and Jeremy Hansen.

The Artemis II mission's primary goal is to test Orion's crew life support systems, navigation, and deep space performance, the first crewed test of its kind since Apollo 17 in 1972. The craft followed a trajectory around the Moon that is designed to return the crew safely to Earth without engine burns if a system failed. Orion passed within 4,067 miles of the lunar surface during its closest approach. The mission also marked the first time the systems ran with crew aboard, creating data that the previous, uncrewed Artemis I could not. Pilot Victor Glover said the crew compiled enough data to give the crew of Artemis III "almost a book" of information.

Artemis II's launch has set the stage for Artemis III, NASA's first planned Moon landing in over 60 years, currently scheduled for 2027. For the first time since Apollo 17 in 1972, astronauts will walk on the lunar surface. NASA has said the Artemis program has become a stepping stone toward an eventual crewed mission to Mars.



Little Contownian

Spring Cleaning

By: Rebecca Purdy

In April there is a week where you can put some of your things you need to get rid of along the side of the road. This is good because there are items that you may want to trash, but they may be useful for other people. It gives a fresh start for people that may need to clear clutter out. You can also use this opportunity to go through your belongings and see what can be repurposed for other uses.

It is a fresh start for many reasons. It gets you moving and makes you sort through things so you can see what you have. Going through your stuff can make you see what you actually need. When you go sort and get rid of the excess, it can make your space less cluttered and make the important items more visible and easier to find. When things are less crowded, it can help your mental health. This is a great way to also be active within your house and give you something to do.

When you spring clean, think about the health benefits. When you clear out things, it can not only help your mental health, but your physical health. Doing so can eliminate dust and other allergens because you're actively cleaning the space while you do so. Eliminating that extra waste can help with your mental health as well. Living in a clean, organized house can help when you need to locate an item, or even when you're stressed. When you have a clean space, you have more room to relax and you don't feel cramped.

In conclusion, spring clean-out is very helpful and has a lot of benefits. You don't have to get rid of lots of stuff, but you should utilize this to help the next time you think you need to have a deep clean.

Mental Health Awareness Month

By: Alison Naugle

Mental Health Awareness Month has been held every May since the year 1949. It was founded by Mental Health America, but was influenced by Clifford W. Beers. He published his memoir, *A Mind That Found Itself*, in 1908, detailing his experiences in mental institutions. This month aims to provide support and highlights that mental health is essential to overall health, encouraging open conversations, and access to care. This month shows that mental health struggles affect everyone, and no one should face it alone. To promote access to care, anyone could get information on hotlines, therapy, and resources.

The recognized color for Mental Health Awareness is green. It symbolizes hope, strength, support, and encouragement. It is also used to break the stigma surrounding mental illness. Green ribbons and apparel are common during this month. The theme for May comes from "More Good Days, Together." This emphasizes connection and support within communities to make mental wellness more accessible.

Some activities focus on self-care, reducing stigma, and community connection. This is through actions like meditation, engaging in arts and nature, and limiting social media or screens. You could also start a community event about mental health and share resources with it. Some simple activities could be to get proper sleep, have good hygiene, eat a healthy meal, and call or visit a family member. No matter what, just remember you are enough just as you are!





Academic Calendar/ Upcoming Events

- May 21.....One-Hour Early Dismissal
- May 22.....Snow Makeup Day #2
- May 25.....Memorial Day Vacation

APRIL SHOWERS
Bring
MAY FLOWERS

Telephone Numbers

Administrative Numbers

- Superintendent.....Nicole Dull.....479-7575
- Business Manager.....Brandon Studer.....479-7431
- Food Service Director.....Randy Walker.....479-2328
- Director of Curriculum....Stacy Dabbs.....479-7575

Middle/High School

- Principal.....James Foster.....479-4014
- Vice Principal/Athletic Director.....Jarod Feathers.....479-4014
- HS Guidance Counselor....Kara Duplin.....479-7886
- MS Guidance Counselor.....Kellie Hankinson.....479-7886
- School Nurse.....Cassey DeBiase.....479-2324

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